



Student Health & Counseling (SHAC)

RE: UNM Immunization Requirements

Dear Incoming Student:

Colleges are potential high-risk areas for Measles, Mumps, and Rubella transmission because of the large concentrations of susceptible people. The Centers for Disease Control advise universities to require documentation of **two** Measles, Mumps, and Rubella (MMR) vaccines or other acceptable evidence of immunity.

Please review your immunization records. The UNM immunization requirement is met if you have documentation of one of the following:

- Two MMR shots after 12 months of age
- A blood test proving immunity
- Physician's verification of disease
- Date of birth prior to 1957

If you have met this requirement, it is **NOT** necessary to bring your immunization records to UNM Student Health & Counseling (SHAC). If you plan to utilize SHAC services at some point, please bring a copy of your immunization records to your first appointment. If you have **NOT** met this requirement (or need assistance understanding your records), please come to the SHAC Immunization Clinic during the hours listed below, and we will be happy to assist you. Note: Students in the Health Sciences programs have additional requirements. The health program will give you a list of required immunizations.



Please do not fax or mail your immunization records to UNM Student Health & Counseling.

Please use the "Vaccination Self-Assessment Questionnaire" on the back to assess your need for additional vaccines that are not required but are highly recommended. These vaccines are available at UNM SHAC.

Sincerely,

SHAC Allergy & Immunization Clinic
UNM Student Health & Counseling (SHAC)

SHAC Allergy & Immunization Clinic: (505) 277-7925
Hours: M, W, Th, F, 8-11:30 am & 1-4:30 pm; Tu, 9-11:30 am & 1-4:30 pm

SHAC Information & Appointments: (505) 277-3136
SHAC Web Site: shac.unm.edu

UNM Student Health & Counseling (SHAC)

Vaccination Self-Assessment Questionnaire

Tetanus-Diphtheria (Td) or Tetanus, Diphtheria, Pertussis (Tdap)—Single vaccination:

- I have not had at least 3 tetanus shots in my lifetime (Td, DT, or Dtap), so I need to be vaccinated now with one or more doses to bring me up to date. Then, I will need one dose every 10 years.
- I have had at least 3 tetanus shots in my lifetime (Td, DT, or Dtap), but I think it's been 10 years or more since I received my last Td, so I need one dose of Td or Tdap now. Subsequently, I will need one dose every 10 years.

Hepatitis B—Series of 3 injections/doses:

State of New Mexico provides the vaccine to students under age 19. (Nominal charge for students under 19)

- I am in one of the following risk groups, so I need to be vaccinated:
 - ◇ I am a healthcare or public safety worker who is exposed to blood.
 - ◇ I live with a person who has hepatitis B.
 - ◇ I am a sex partner of a person with hepatitis B.
 - ◇ I have or had more than one sex partner during a 6-month time period.
 - ◇ I've been treated for a sexually transmitted disease.
 - ◇ I have a bleeding disorder that requires transfusion.
 - ◇ I am or will be on kidney dialysis.
 - ◇ I inject street drugs.
 - ◇ I provide direct services for people with developmental disabilities.
 - ◇ I travel outside of the US and plan to stay for 6 months or longer.*
 - ◇ I am an immigrant from an area of the world with moderate or high rates of hepatitis B.

Hepatitis A vaccination—Series of 2 injections/doses:

State of New Mexico provides the vaccine to students under age 19. (Nominal charge for students under 19)

- I am in one of the following risk groups, so I need to be vaccinated:
 - ◇ I travel.
 - ◇ I live in a community where cases of hepatitis A are occurring and I am 18 or younger.
 - ◇ I am a man who has sex with men.
 - ◇ I use street drugs.
 - ◇ I have chronic liver disease.

Meningococcal vaccination—Single vaccination:

State of New Mexico provides the vaccine to students under age 19. (Nominal charge for students under 19)

- I am (or I'll be) a college freshman living in a dorm, so tell me more about the meningococcal vaccine.
- I am traveling to an area of the world where meningococcal disease is common, so I need to be vaccinated.*
- I have one of the following health conditions that has affected my immune system: sickle cell disease, HIV/AIDS, cancer treatment with drugs or X-rays, bone marrow or organ transplant, or a spleen that isn't working or has been removed, so I need to be vaccinated.

Varicella (Chickenpox) vaccination—Series of 2 injections/doses:

- I have never had chickenpox, so I need to be tested or vaccinated.
- I'm not sure if I've had chickenpox or not, so I need to be tested or vaccinated.
- I may become pregnant and do not know if I'm immune to chickenpox, so I need to be tested or vaccinated.

Vaccination CHARGES: For info, call the SHAC Allergy & Immunization Clinic at (505) 277-7925.

* Call Student Health & Counseling (SHAC) at (505) 277-3136 to make an appointment for the SHAC Travel Clinic.

Note: Allergy injections and skin testing are available at SHAC. For information, call (505) 277-7925.

Checklist source: Immunization Action Coalition, *Vaccinate Adults*, Fall/Winter 2001-2002