Note: Figure above depicts that canoes must go up one lane and upon negotiating the turning buoy will go down the lane directly next to it (i.e., a canoe should not finish the race in the same lane it started in).

Figure 11.1 – Sprint Race Course Layout
This part may be any shape as long as it makes up 400 meters.

Endurance Course

Figure 11.2 – Endurance Race Course Layout (Example Layout)