

SHS 310 Case Study #2

Mrs. Fresquez is a 62 year old woman in generally good health who has had a voice problem ever since she had a virus three months ago. She consulted an ENT physician who observed her vocal fold function using videostroboscopy. He reported that she has paralysis of the right vocal fold. The right vocal fold is paralyzed in the paramedian position. The ENT physician has referred her to you for voice therapy. You are responsible for explaining her care to Mrs. Fresquez and her family.

- Include drawings of her vocal folds as if you were looking at them through an endoscope. Show what they would look like during breathing and while phonating a sustained vowel sound.
- Describe what her voice probably sounds like. Indicate if you would expect her to have any breathing or swallowing problems.
- Describe the voice treatment you, as a speech pathologist, would provide for Mrs. Fresquez.
- If, after several months of voice treatment, Mrs. Fresquez's voice does not improve, describe two medical or surgical treatments that she should consider.

Helpful resources:

- [Vocal fold paresis/paralysis](#) from voiceproblem.org
- [Vocal fold paralysis](#) from ASHA
- [Vocal cord paralysis](#) fact sheet from AAO-HNS
- [Unilateral vocal fold paralysis](#) from Voice Medicine website
- Article on [voice therapy for vocal fold paralysis](#) (.pdf document)

You are not limited to these resources. You may want to keep track of the resources you do use in case I have any questions about your paper, but you do not have to include a reference list.