

Unit: Respiration

Name: Wonderful P. Student

Muscle name	Attachments (Origin, Insertion)	Action During Contraction	Function	Picture
Diaphragm	Central tendon	Moves downward into abdomen	Main muscle of inspiration (increases volume of chest cavity)	<i>You can draw a picture of your own (best for learning) or import a drawing</i>
Traverse thoracic muscles	Lower third of inner sternum to second through sixth costal cartilages	Depress upper ribs	Muscle of forced expiration (decreases volume of chest cavity)	