All times are Mountain Time (MDT and MST).

A “Module” is a section of the textbook or e-book. A “Topic” is a contains several related Modules; it’s similar to a chapter. A “Learning Module” (LM) is a section of the online course that deals with a particular Topic and that contains Modules, other related readings, videos, and assignments. In most weeks, we will cover one Learning Module.

Pages are given for the paper textbook; Module names are the same in the textbook and the e-book. Other items that should be read each week can be found in the learning module for that week; these are marked with a *.

After each unit of 5 or 6 learning modules, there is a “Unit Consolidation,” in which no new material is introduced; instead, you’ll submit an essay and a presentation and take an exam.

SCHEDULE OVERVIEW: Except as noted:

- Class meets MONDAYS and WEDNESDAYS, 10:00 – 11:30, except as noted.
- Class will not meet on Sept 1, Oct 13 (UNM-LA is closed), and (maybe) Nov 26.
- Most learning modules begin with a pretest on Monday and end with a quiz on the following Monday; exceptions on some Topics are noted. Work for the preceding Topic is usually due on the day that we begin a new Topic.
- For most learning modules (except as noted) you will submit a Pretest, and Assignment, and a Quiz.
  - Since pretests for the upcoming learning module on the same night that other materials from the previous Topic are due, pretests are located with the previous Topic’s learning module (where you’ll be working).
- Most work is due on Mondays, by 11:59 PM; see attached schedule for exceptions
  - Pretests are due on the day we BEGIN a learning module, mostly Mondays (same day as prior learning module is completed).
  - Holiday due dates: Since work can be turned in online, if a Monday due-date is a UNM-LA holiday, the due date doesn’t change. If you need to turn in a paper copy, turn it in to my office (623A) on the following Tuesday before 3 PM.
  - The assignment and quiz for a learning module are due the next Monday, by 11:59 PM.
- At the end of each unit (the course contains 2 units), during the Unit Consolidation week, you will create a presentation, deliver your presentation in class, write an essay, and take an exam. The second unit exam will be combined with the final exam. Check the schedule for due dates.
- Exams will be available for several days; you may take them at any time during their availability period. Check the schedule for days and times.
- Materials for each week will be posted at least a week in advance of due dates, usually more. You don’t have to wait until the last minute to turn work in – it will be gladly accepted before the deadline.

It is YOUR responsibility to keep track of due dates. To help you, in this schedule, there is a check-box ☐ next to each item that you should do.

- Print out this schedule and check off items as you complete them. Make sure that the date on your printed copy is the same as the version that is online in the Course Menu, which is the latest, official version.
- Please notify the instructor if you find errors, if you can’t find materials listed here, or if links are broken.

Use this schedule in addition to the Learn Calendar (available from the Course Menu). The Learn Calendar contains links to items that must be turned in via Learn, but it does not contain reading assignments or videos. If you see a conflict between this schedule and the calendar, please notify the instructor immediately.

This Semester Schedule is subject to change. Changes to this schedule will be announced.
Learning Module | Due Date | Pts
--- | --- | ---
Course Orientation – Do First! (Week 1) | Aug 18 – 25
Materials can be found in the Course Orientation – Do First! Learning Module and Course Resources Folder on the Home Page in the Course Menu (on the left side of the Learn window).

Resources: Read, View, or Look Over
- Course Orientation - Do First! module – Read, view or look over all materials linked in sections 1-3 of the Table of Contents of this course learning module
- Course Tour – Video Tour of This Classroom
- Readings for this week, which include: (all of these are in the Learning Module)
  - Syllabus*
  - Semester Schedule*
  - Set Up Your Computer For This Course*
  - My Grades: Where to find Grades and Feedback*
  - Communications in this course*
  - Textbook, E-Book, and LaunchPad
  - Required vs. Optional vs. Extra Credit*
  - Use Review Status to Keep Track of Your Work*
  - Where to Get Help and Technical Support*
  - Create a Backup Plan*
  - Look over and become familiar with
    - How to Use Tools in Learn*
    - Course Resources module contents (in the Course Menu)*
  - Textbook: Time Management: pp xxxiv - xl
  - E-book: Front Matter \(\rightarrow\) FM.5 Time Management – all sections (FM5 – FM5.5)

Assigned Work – DO: Complete the following activities (All in the Learning Module):
- Send a Message to Instructor Aug 25 - Mon 5
- Student Background Survey Aug 25 5
- Assignment 00 – Assignment with Attachment Aug 25 5
- Overview: Taking Quizzes, Make-up Quizzes, and Exams (read) Aug 25
- Quiz 00 – over material in Course Orientation – Do First Aug 25 25

Complete Pretest 01, which is the first item that deals with course content. You’ll find the pretest for the next week in the current week’s learning module
- Pretest 01 – in Course Orientation – Do First! Aug 25 5

Week 2 – Topic 1: Thinking Critically With Psychological Science | Aug 25 – Sep 1
Materials are in the Course Content section of the Course Menu, in the Week 2 – Topic 1 learning module.

Resources: Read or Watch:
Readings for Topic 1
- Topic 1 – Overview and Myths*
- Textbook or e-book, Topic 1
  - Module 1 – The History and Scope of Psychology, pp 2-13
  - Module 2 – Research Strategies: Psychologists Ask Questions, pp 14-35
  - Appendix A, pp A1-A10
  - Appendix C pp C1-C5
- Confirmation Bias*
- Videos* – Topic 1 [All required videos – links are in list]

Preview: Unit 1 Essay, Presentation & Discussion Instructions in Unit 1 Consolidation folder (Due Oct 15 and 17)

Assigned Work – DO: Complete the following activities:
- Assignment 01 – What Topics Interest Psychologists? Sep 1 - Mon 20
- Quiz 01 - Topic 1 Sep 1 25
- Pretest 02 – Topic 2 Sep 1 5
### Week 3-4 – Topic 2: The Biology of Behavior (Neuroscience and the Brain)

<table>
<thead>
<tr>
<th>Learning Module</th>
<th>Due Date</th>
<th>Pts</th>
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<tbody>
<tr>
<td><strong>Weeks 3-4 – Topic 2</strong></td>
<td>Sep 1 – Sep 15</td>
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<tr>
<td>Materials are in the Learning Modules section of the Course Menu, in the <strong>Weeks 3-4 – Topic 2</strong> module.</td>
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<tr>
<td><strong>NOTE DUE DATES:</strong> This topic spans two weeks; some items are due during the first week.</td>
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#### Resources: Read or Watch:
- [ ] Topic 2 – Overview and Myth*
- [ ] Textbook or e-book, Topic 2
  - [ ] Module 3: Neural and Hormonal Systems, pp 37-49
  - [ ] Module 4: The Brain, pp 50-67
- [ ] Back to Basics: Neural Transmission*
- [ ] 3D Brain, specified sections*
- [ ] Diagram – Visual pathways of the human brain*
- [ ] What Sign Language Teaches Us about the Brain (incl. 2 short video clips)*
- [ ] Right-brain Left-brain myth*
- [ ] Videos – Topic 2* (links are on list of videos – note different due dates)
  - [ ] How to Look Inside the Brain
  - [ ] A Contemporary Phineas Gage
  - [ ] The Man with Two Brains
  - [ ] VS Ramachandran on Your Mind

#### Assigned Work – DO: Complete the following activities:
- [ ] Assignment 02a – Brain and Behavior
  - Sep 8
  - 20
- [ ] Assignment 02b – Left brain, right brain
  - Sep 15 - Mon
  - 20
- [ ] Quiz 02 - Topic 2
  - Sep 15
  - 25
- [ ] Pretest 03
  - Sep 15
  - 5

### Week 5 – Topic 3: Nature, Nurture, and Human Diversity

<table>
<thead>
<tr>
<th>Learning Module</th>
<th>Due Date</th>
<th>Pts</th>
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<tbody>
<tr>
<td><strong>Week 5– Topic 3</strong></td>
<td>Sep 15 – Sep 22</td>
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<tr>
<td>Materials are in the <strong>Week 5– Topic 3</strong> learning module.</td>
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</table>

#### Resources: Read or Watch:
- [ ] Topic 3 – Overview and Myths*
- [ ] Textbook or e-book, Topic 3
  - [ ] Module 5, Genetics, Evolutionary Psychology, and Behavior, pp 68-79
  - [ ] Module 13, Gender Development, pp 176-184
- [ ] Epigenetics: Why Genes Aren’t Destiny*
- [ ] Videos – Topic 3  (all required videos in list)

#### Assigned Work – DO: Complete the following activities:
- [ ] Assignment 03 – The Bogle Family Tree
  - Sep 22 - Mon
  - 20
- [ ] Quiz 03 - Topic 3
  - Sep 22
  - 25
- [ ] Pretest 04
  - Sep 22
  - 5

### Week 6 – Topic 4: Consciousness and the Two-Track Mind

<table>
<thead>
<tr>
<th>Learning Module</th>
<th>Due Date</th>
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<tbody>
<tr>
<td><strong>Week 6 – Topic 6</strong></td>
<td>Sep 22 – Sep 29</td>
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<tr>
<td>Materials are in the <strong>Week 6 – Topic 6</strong> learning module.</td>
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</table>

#### Resources: Read or Watch:
- [ ] Readings for Topic 4
  - [ ] Topic 4 – Overview and Myths*
  - [ ] Textbook or e-book, Topic 4
    - [ ] Module 6: Dual Processing, Sleep, and Dreams, pp 87-102
    - [ ] Module 8: Drugs, pp 109-121
  - [ ] Changes to Names of Sleep Stages*
  - [ ] Videos – Topic 4  (all required videos in list)

#### Assigned Work – DO: Complete the following activities:
- [ ] Assignment 04 – Sleep Strategies
  - Sep 29 - Mon
  - 20
<table>
<thead>
<tr>
<th>Learning Module</th>
<th>Due Date</th>
<th>Pts</th>
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</thead>
<tbody>
<tr>
<td>Quiz 04 - Topic 4</td>
<td>Sep 29</td>
<td>25</td>
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<tr>
<td>Pretest 05 – Topic 5</td>
<td>Sep 29</td>
<td>5</td>
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</table>

**Week 7 – Topic 5: Learning**

<table>
<thead>
<tr>
<th>Due Date</th>
<th>Pts</th>
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<tbody>
<tr>
<td>Sep 29 – Oct 6</td>
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*Materials are in the Week 7 – Topic 5 learning module.*

**Resources: Read or Watch:**

- Readings for Topic 5
  - Topic 5 – Overview and Myths
  - Textbook or e-book, Topic 5
    - Module 18: Basic Learning Concepts & Classical Conditioning pp 253-262
    - Module 19: Operant Conditioning, pp 263-274
    - Module 20: Biology, Cognition, and Learning, pp 275-287
  - Reinforcement vs. Punishment: How to Decide*
- Videos – Topic 5 (all required videos in list)

**Assigned Work – DO: Complete the following activities:**

- Assignment 05 – Train Something (If you train a live pet, you may turn this assignment in Oct 13) Oct 6 - Mon 20
- Quiz 05 – Topic 5 Oct 6 25
- Pretest 06 – Topic 6 Oct 6 5

**Week 8 – Topic 6: Memory**

<table>
<thead>
<tr>
<th>Due Date</th>
<th>Pts</th>
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<tbody>
<tr>
<td>Oct 6 – Oct 13</td>
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*Materials are in the Week 8 – Topic 6 learning module.*

**Resources: Read or Watch:**

- Readings for Topic 6
  - Topic 6 – Overview and Myths*
  - Textbook or e-book, Topic 6
    - Module 21: Studying and Building Memories, pp 289-300
    - Module 22: Storage and Retrieval, pp 301-309
    - Module 23: Forgetting, Memory Construction & Improvement, pp310-323
  - Studying Tips Based on Research in Learning and Memory*
  - Seven Sins of Memory*
  - The Spacing Effect*
- Videos – Topic 6 (All required videos in list)

**Assigned Work – DO: Complete the following activities:**

- Assignment 06 – Sins of Memory Oct 13 - Mon 20
- Quiz 06  – Topic 6 Oct 13 25

**Week 9 – Unit 1 Consolidation**

<table>
<thead>
<tr>
<th>Due Date</th>
<th>Pts</th>
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<tbody>
<tr>
<td>Oct 13 - Oct 20</td>
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*Materials are in the Weeks 9 - Unit 1 Consolidation/Exam learning module.*

**Note the changes** in assignments and due dates this week.

**Assigned Work – DO: Complete the following activities**

- Unit 1 Presentation in class Oct 15 -Wed 35
- Unit 1 Essay – see instructions in this learning module Oct 17 - Fri 50
- Unit 1 Exam – Take between 8 AM Oct 16 and 11:59 PM Oct 20 Location – Unit 1 Consolidation Learning Module Duration – 2 hours Oct 20 - Mon 200
- Pretest 07 – Topic 7 Oct 20 - Mon 5

**Week 10 – Topic 7: Developing Through the Lifespan**

<table>
<thead>
<tr>
<th>Due Date</th>
<th>Pts</th>
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<tbody>
<tr>
<td>Oct 20-27</td>
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*Materials are in the Week 10 – Topic 7 learning module.*

**Resources: Read or Watch:**

- Readings for Topic 7
  - Topic 7 – Overview and Myths*
<table>
<thead>
<tr>
<th>Learning Module</th>
<th>Due Date</th>
<th>Pts</th>
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</thead>
<tbody>
<tr>
<td>Textbook, Topic 7 [Emphasis will be on modules 9 and 10]</td>
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<tr>
<td>Module 9, Developmental Issues, Prenatal, Newborn, pp123-131</td>
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<tr>
<td>Module 10, Infancy and Childhood, pp131-152</td>
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<td>Module 11, Adolescence, pp 153-163</td>
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<td>Module 12, Adulthood, pp164-173</td>
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<tr>
<td>The First 9 Months*</td>
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<tr>
<td>Key to Smarter Kids*</td>
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<tr>
<td>Videos – Topic 7 (all required videos in list)</td>
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<tr>
<td>Preview Unit 2 Essay, Presentation, &amp; Discussion Instructions in Unit 2</td>
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<tr>
<td>Consolidation learning module (due Dec 5)</td>
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**Assigned Work – DO: Complete the following activities:**

- Assignment 07 – Parenting Styles                                             Oct 27-Mon 20
- Quiz 07 – Topic 7                                                            Oct 27 25
- Pretest 08 – Topic 8                                                         Oct 27 5

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### Week 11 – Topic 8: Emotions, Stress, and Health

Oct 27 – Nov 3

**Materials are in the Week 11 – Topic 8 learning module.**

**Resources: Read or Watch:**

- Readings for Topic 8
  - Topic 8 – Overview and Myths*
  - Textbook or e-book, Topic 8
    - Module 30: Theories and Physiology of Emotion, pp 398-407
    - Module 31: Expressing and Experiencing Emotion, pp 408-415
    - Module 32: Stress and Illness, pp417-430
    - Module 33: Health and Happiness, pp 431-451
  - Strategies for Calming and Relaxing*
  - Test Anxiety & Systematic Desensitization*
  - Videos – Topic 8 (all required videos in list)

**Assigned Work – DO: Complete the following activities:**

- Assignment 8 – Managing Your Stress                                           Nov 3 - Mon 20
- Quiz 8 – Topic 8                                                              Nov 3 25
- Pretest 09 – Topic 9                                                          Nov 3 5

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### Week 12 – Topic 9: Social Psychology

Nov 3 – Nov 10

**Materials are in the Week 12 – Topic 9 learning module.**

**Resources: Read or Watch:**

- Readings for Topic 9
  - Topic 9 – Overview and Myths
  - Textbook or e-book, Topic 9
    - Module 36: Social Thinking and Social Influence, pp 489-509
    - Module 37: Antisocial Relations, pp 510-523
    - Module 38: Prosocial Relations, pp524-539
  - The Stanford Prison Experiment*
  - Videos – Topic 9 (all required videos on list)

**Assigned Work – DO: Complete the following activities:**

- Assignment 09 – Bias and Prejudice: Implicit Associations Test                Nov 10 - Mon 20
- Quiz 09 – Topic 9                                                             Nov 10 25
- Pretest 10 – Topic 10                                                         Nov 10 5

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### Week 13 – Topic 10: Psychological Disorders

Nov 10 – Nov 17

**Materials are in the Week 14 – Topic 10 learning module.**

**Resources: Read or Watch:**

- Readings for Topic 10
  - Topic 10 – Overview and Myths

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<table>
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<tr>
<th>Learning Module</th>
<th>Due Date</th>
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<tbody>
<tr>
<td>☐ Textbook or e-book, Topic 10</td>
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<tr>
<td>☐ Module 39: Basic Concepts, Mood Disorders, pp 540-561</td>
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<td>☐ Module 40: Schizophrenia, pp 562 - 568</td>
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<td>☐ Module 41: Other Disorders, pp 569-583</td>
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<tr>
<td>☐ Beware of Medical Student Syndrome!*</td>
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<tr>
<td>☐ Cognitive Distortions and Rational Alternatives*</td>
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<td>☐ Videos – Topic 10 (all required videos)</td>
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**Assigned Work – DO: Complete the following activities:**

- Assignment 10/11 is DUE WITH TOPIC 11 [Dec 1]
- Quiz 10 – Topic 10 Nov 17 - Mon
- Pretest 11 – Topic 11 Nov 17

**Week 14-15 – Topic 11: Therapy**

Material are in the **Week 14-15 – Topic 14** learning module. Note that this topic spans the Thanksgiving Holiday, Nov. 27-28; two weeks are allowed. Class **might** be canceled Nov 26 – will be announced in class.

**Resources: Read or Watch:**

- Readings for Topic 11
  - Topic 11 – Overview and Myths*
  - Textbook or e-book, Topic 11
    - Module 42: Psychological Therapies, pp 585-612
    - Module 43: Biomedical Therapies, pp 613-620
  - Test Anxiety and Systematic Desensitization (also in Topic. 9)*
- Videos – Topic 11 (all required videos in list)

**Assigned Work – DO: Complete the following activities:**

- Assignment 10/11 - Cognitive Distortions and Rational Alternatives Dec 1 - Mon
- Quiz 11 – Topic 11 Dec 1

**Week 16-17 – Unit 2 Consolidation, Unit 2/Final Exam**

**Note the changes** in assignments and due dates

**Assigned Work – DO: Complete the following activities**

- Unit 2 Presentation in class Dec 3 - Wed 30
- Unit 2 Essay – see instructions in this learning module Dec 5 - Fri 100
- Last day to take all Make-up Quizzes and Extra Credit Quizzes (optional) Dec 9 - Tues
- Unit 2/Final Exam – Take between 8 AM Dec. 5 and 11:59 PM Dec 10
  - Location – Unit 2 Consolidation Folder
  - Duration – 2.5 hours
  - Dec 10 - Wed 200

**NOTE:** All Make-up Quizzes and Extra Credit Quizzes must be completed by Dec 9 at 11:59 PM.
Dec. 10 is the LAST DAY to take the Unit 2/Final Exam

UNM-LA holidays and registration-related deadlines can be found on the UNM-LA academic calendar, here: http://goo.gl/lMduAP

Note that Lower Division classes (including this one) at UNM-LA do NOT take a fall break; this is observed only on Main Campus and by Upper Division classes at UNM-LA.