

# Contextual Human Life Span Development

- Development = change over time
- Growth
  - Maturation of individuals
  - Growth of relationships

- Relationships
- To people and institutions
- Necessary for health, resilience, well-being
- Professionals foster human growth and development

- Image of human nature
- Humans are organizers of own experience
- Must adapt to specific contexts

- COMPLEXITY, CULTURE, CONTEXT
  - Genetics, age, traits
  - Life experiences
  - Context
    - Geography, history, access to opportunity, previous generations, material world, institutions (media)