



Psych 105

3 points

Answer the following questions on a separate piece of paper.

#### CHAPTER 14 – Therapy

1. Discuss the aims and methods of psychoanalysis and psychodynamic therapy, and explain the critic's concerns with these forms of therapy.
2. Identify the basic themes of humanistic therapies and describe Rogers' client-centered approach.
3. Identify the basic assumptions of behavior therapy, and discuss the classical conditioning therapies.
4. Describe the premise behind operant conditioning techniques, and explain the critics' concerns with these techniques.
5. Identify the basic assumptions of the cognitive therapies, and describe group therapy.