

## **Chapter 2**

# Neuroscience and Behavior



- Biological Psychology
  - branch of psychology concerned with the links between biology and behavior
  - some biological psychologists call themselves behavioral neuroscientists, neuropsychologists, behavior geneticists, physiological psychologist, or biopsychologists
- Neuron
  - a nerve cell
  - the basic building block of the nervous system



#### Dendrite

 the bushy, branching extensions of a neuron that receive messages and conduct impulses toward the cell body

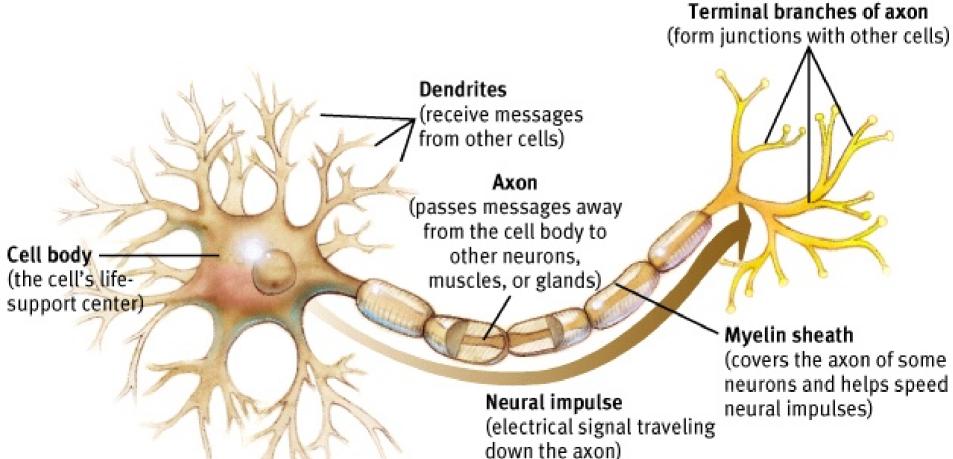
#### Axon

 the extension of a neuron, ending in branching terminal fibers, through which messages are sent to other neurons or to muscles or glands

#### Myelin [MY-uh-lin] Sheath

- a layer of fatty cells segmentally encasing the fibers of many neurons
- enables vastly greater transmission speed of neutral impulses





Myelin sheath (covers the axon of some neurons and helps speed neural impulses)



#### Action Potential

- a neural impulse; a brief electrical charge that travels down an axon
- generated by the movement of positively charges atoms in and out of channels in the axon's membrane

#### Threshold

 the level of stimulation required to trigger a neural impulse

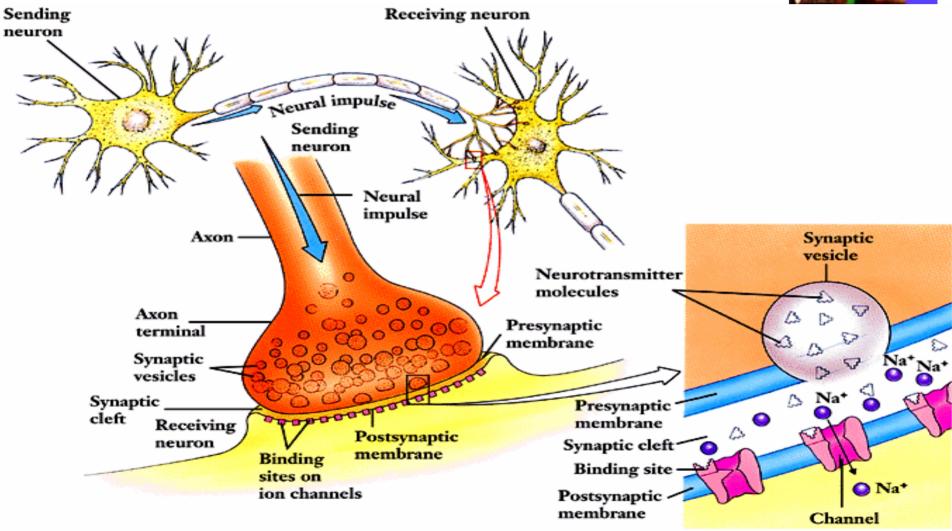


- Synapse [SIN-aps]
  - junction between the axon tip of the sending neuron and the dendrite or cell body of the receiving neuron
  - tiny gap at this junction is called the synaptic gap or cleft

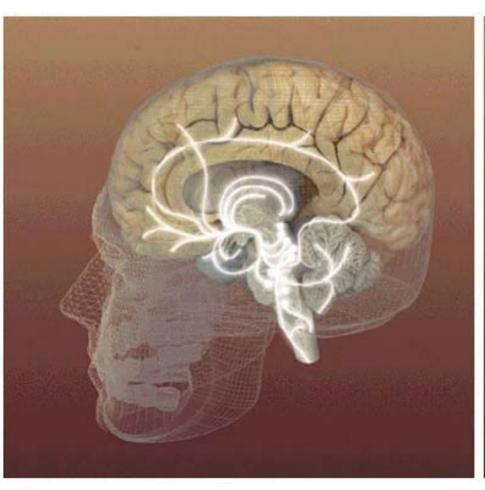
#### Neurotransmitters

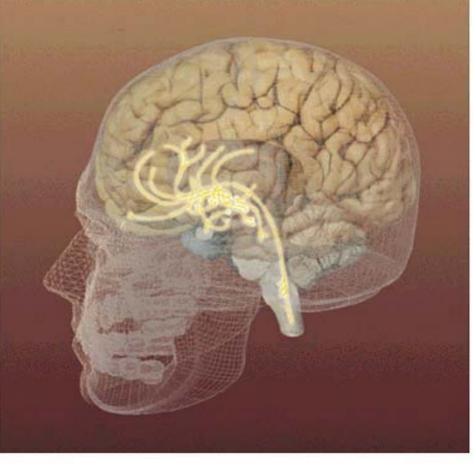
- chemical messengers that traverse the synaptic gaps between neurons
- when released by the sending neuron, neurotransmitters travel across the synapse and bind to receptor sites on the receiving neuron, thereby influencing whether it will generate a neural impulse











**Serotonin Pathways** 

**Dopamine pathways** 

memory

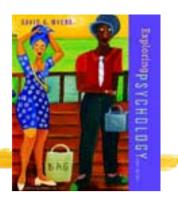
**SOME NEUROTRANSMITTERS AND THEIR FUNCTIONS** 



some people avoid MSG, monosodium glu-

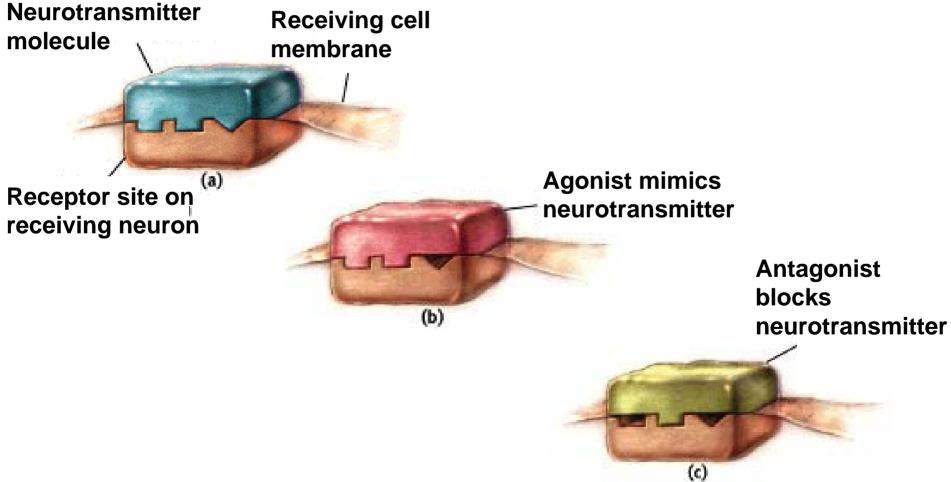
tamate, in food)

| Neurotransmitter                   | Function   | Examples of Malfunctions   |
|------------------------------------|--|--|
| Acetylcholine (ACh)                | Enables muscle action, learning, and memory                | Undersupply, as ACh-producing neurons deteriorate, marks Alzheimer's disease   |
| Dopamine                           | Influences movement, learn-<br>ing, attention, and emotion | Excess dopamine receptor activity linked to schizophrenia; starved of dopamine, the brain produces the tremors and decreased mobility of Parkinson's disease |
| Serotonin                          | Affects mood, hunger, sleep, and arousal                   | Undersupply linked to depression; Prozac and some other antidepressant drugs raise serotonin levels  |
| Norepinephrine                     | Helps control alertness and arousal                        | Undersupply can depress mood   |
| GABA (gamma-<br>aminobutyric acid) | A major inhibitory neuro-<br>transmitter                   | Undersupply linked to seizures, tremors, and insomnia  |
| Glutamate                          | A major excitatory neuro-<br>transmitter; involved in      | Oversupply can overstimulate brain, pro-<br>ducing migraines or seizures (which is why   |



- Acetylcholine [ah-seat-el-KO-leen]
  - a neurotransmitter that, in addition to its role in learning and memory, triggers muscle contraction
- Endorphins [en-DOR-fins]
  - "morphine within"
  - natural, opiatelike neurotransmitters
  - linked to pain control and to pleasure

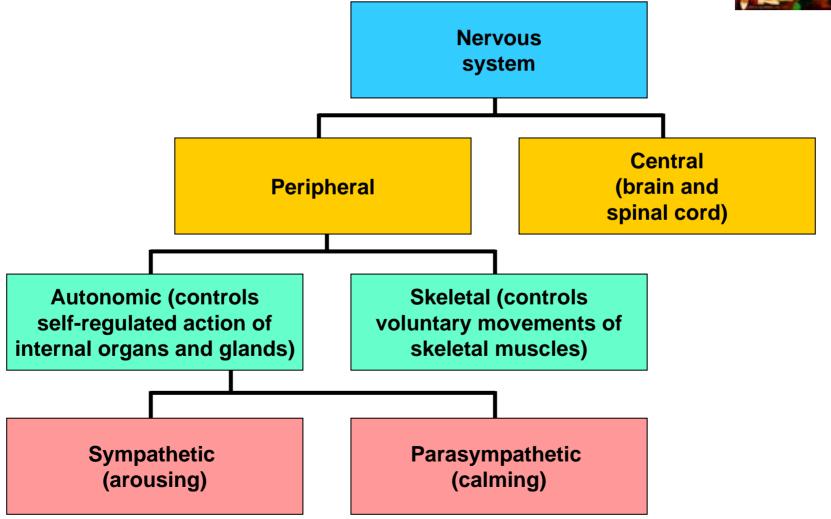


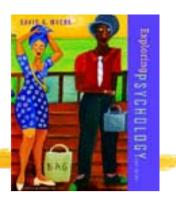


TABUBH BAS A Geproduct

- Nervous System
  - the body's speedy, electrochemical communication system
  - consists of all the nerve cells of the peripheral and central nervous systems
- Central Nervous System (CNS)
  - the brain and spinal cord
- Peripheral Nervous System (PNS)
  - the sensory and motor neurons that connect the central nervous system (CNS) to the rest of the body







#### Nerves

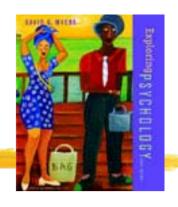
- neural "cables" containing many axons
- part of the peripheral nervous system
- connect the central nervous system with muscles, glands, and sense organs

#### Sensory Neurons

 neurons that carry incoming information from the sense receptors to the central nervous system

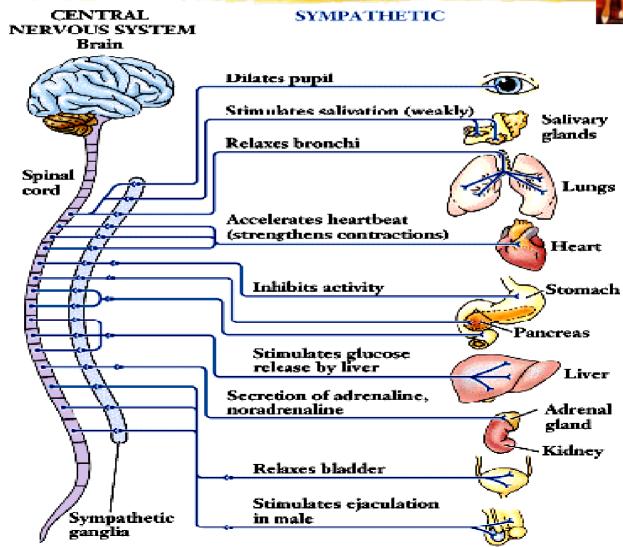


- Interneurons
  - CNS neurons that internally communicate and intervene between the sensory inputs and motor outputs
- Motor Neurons
  - carry outgoing information from the CNS to muscles and glands
- Somatic Nervous System
  - the division of the peripheral nervous system that controls the body's skeletal muscles



- Autonomic Nervous System
  - the part of the peripheral nervous system that controls the glands and the muscles of the internal organs (such as the heart)
- Sympathetic Nervous System
  - division of the autonomic nervous system that arouses the body, mobilizing its energy in stressful situations
- Parasympathetic Nervous System
  - division of the autonomic nervous system that calms the body, conserving its energy

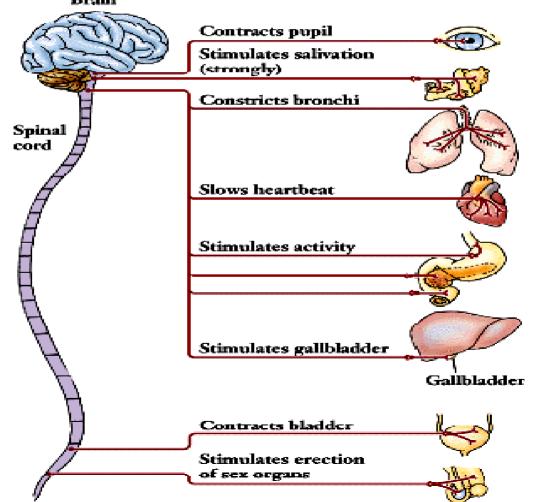






CENTRAL NERVOUS SYSTEM Brain

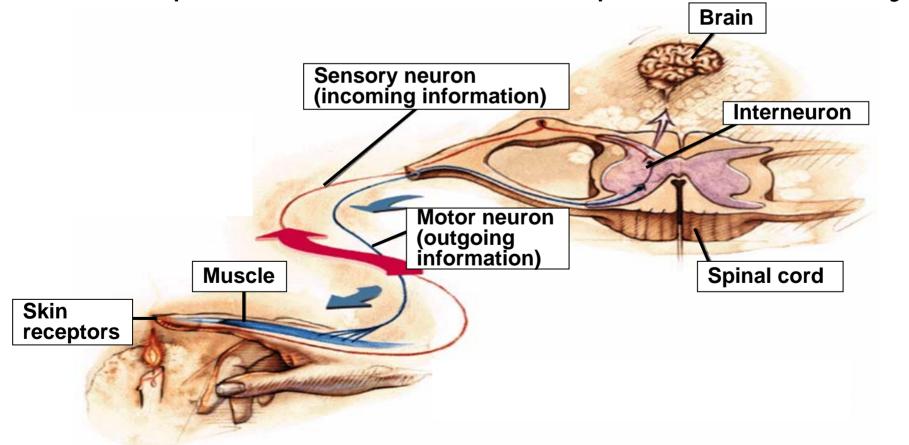
PARASYMPATHETIC





Reflex

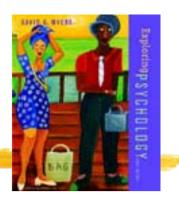
a simple, automatic, inborn response to a sensory





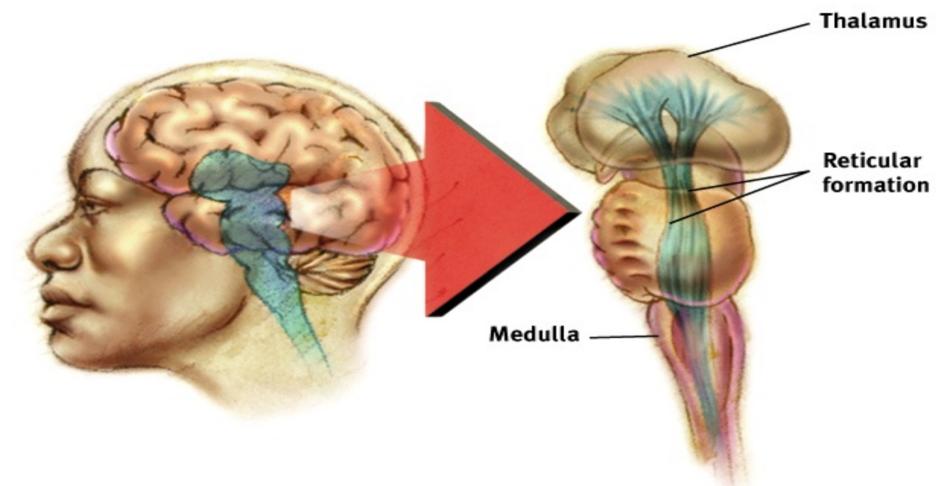
#### Brainstem

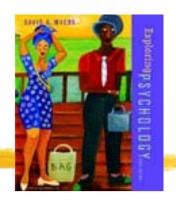
- the oldest part and central core of the brain, beginning where the spinal cord swells as it enters the skull
- responsible for automatic survival functions
- Medulla [muh-DUL-uh]
  - base of the brainstem
  - controls heartbeat and breathing

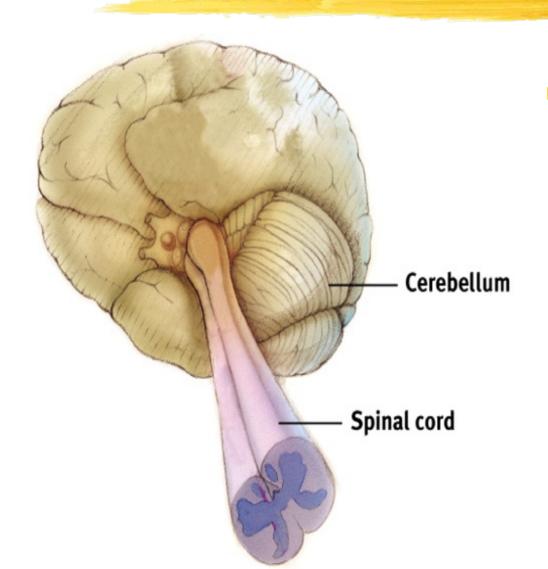


- Reticular Formation
  - a nerve network in the brainstem that plays an important role in controlling arousal
- Thalamus [THAL-uh-muss]
  - the brain's sensory switchboard, located on top of the brainstem
  - it directs messages to the sensory receiving areas in the cortex and transmits replies to the cerebellum and medulla









- Cerebellum [sehruh-BELL-um]
  - the "little brain" attached to the rear of the brainstem
  - it helps coordinate voluntary movement and balance

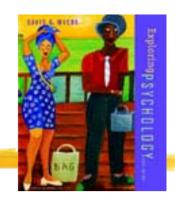


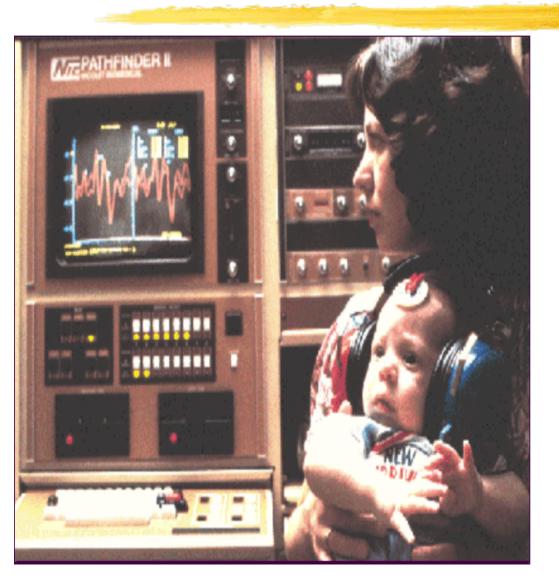


#### Lesion

- tissue destruction
- a brain lesion is a naturally or experimentally caused destruction of brain tissue

# Electroencephalogram (EEG)



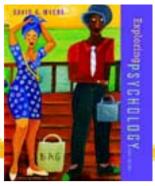


- an amplified recording of the waves of electrical activity that sweep across the brain's surface
- these waves are measured by electrodes placed on the scalp



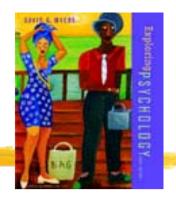
- Computed Tomography (CT) Scan
  - a series of x-ray photographs taken from different angles and combined by computer into a composite representation of a slice through the body. Also called *CAT scan*
- Positron Emission Tomography (PET) Scan
  - a visual display of brain activity that detects where a radioactive form of glucose goes while the brain performs a given task
- Magnetic Resonance Imaging (MRI)
  - a technique that uses magnetic fields and radio waves to produce computer-generated images that distinguish among different types of soft tissue; allows us to see structures within the brain

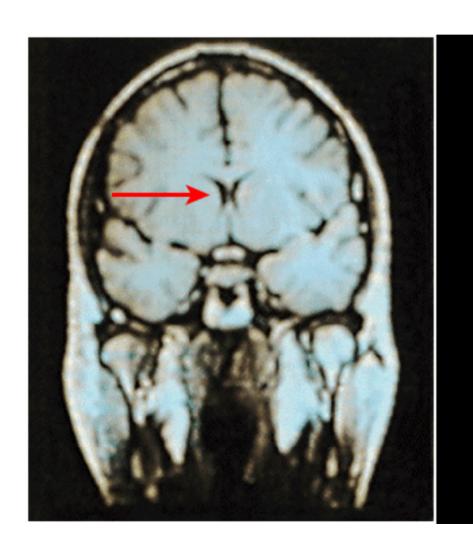
## **PET Scan**

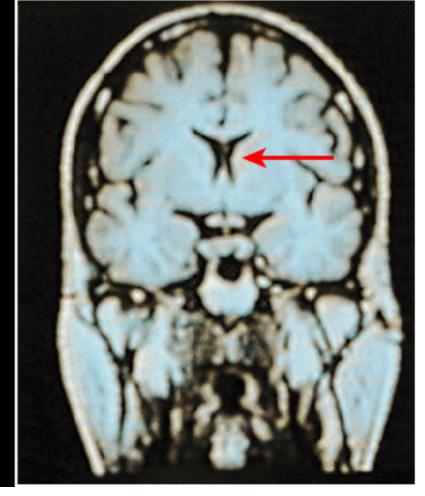




## **MRI Scan**

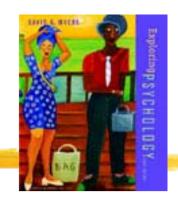








- Limbic System
  - a doughnut-shaped system of neural structures at the border of the brainstem and cerebral hemispheres
  - associated with emotions such as fear and aggression and drives such as those for food and sex
  - includes the hippocampus, amygdala, and hypothalamus.
- Amygdala [ah-MIG-dah-la]
  - two almond-shaped neural clusters that are components of the limbic system and are linked to emotion

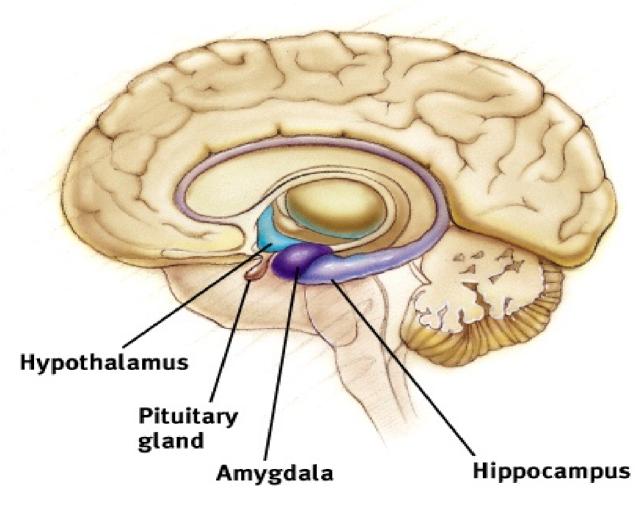


- Hypothalamus
  - neural structure lying below (hypo) the thalamus; directs several maintenance activities
    - eating
    - drinking
    - body temperature
  - helps govern the endocrine system via the pituitary gland
  - is linked to emotion



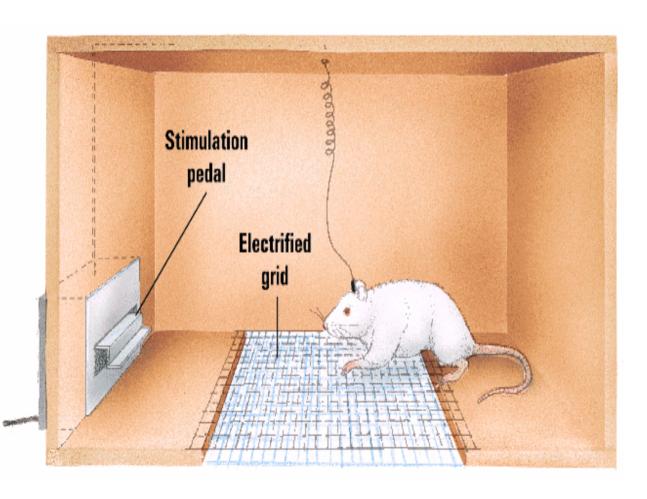
## The Limbic System





## The Limbic System





 Electrode implanted in reward center



#### Cerebral Cortex

- the intricate fabric of interconnected neural cells that covers the cerebral hemispheres
- the body's ultimate control and information processing center

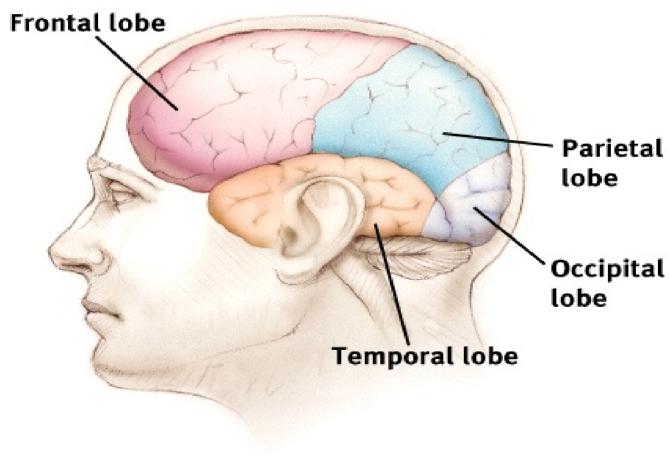
#### Glial Cells

 cells in the nervous system that support, nourish, and protect neurons



- Frontal Lobes
  - involved in speaking and muscle movements and in making plans and judgments
- Parietal Lobes
  - include the sensory cortex
- Occipital Lobes
  - include the visual areas, which receive visual information from the opposite visual field
- Temporal Lobes
  - include the auditory areas



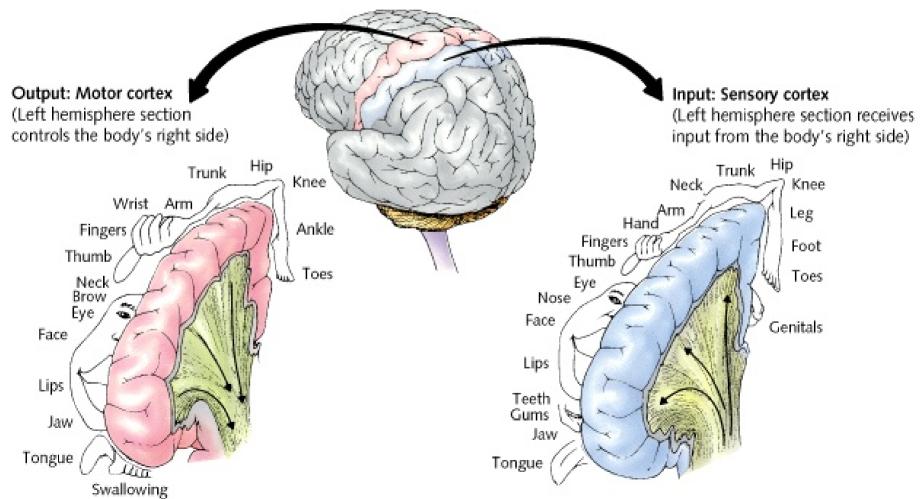




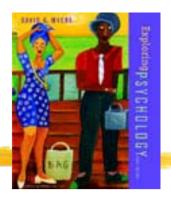
- Motor Cortex
  - area at the rear of the frontal lobes that controls voluntary movements
- Sensory Cortex
  - area at the front of the parietal lobes that registers and processes body sensations

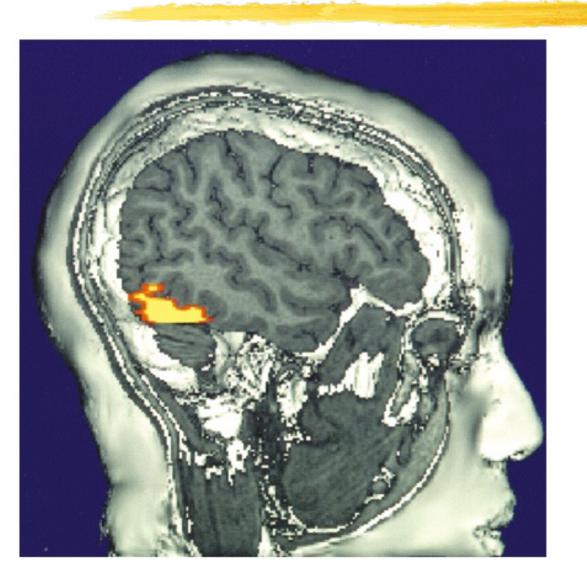
#### **The Cerebral Cortex**





#### **The Cerebral Cortex**

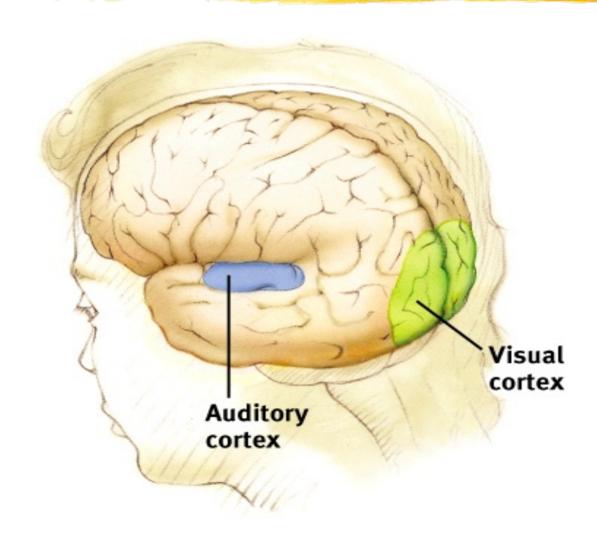




 Functional MRI scan shows the visual cortex activated as the subject looks at faces

### Visual and Auditory Cortex



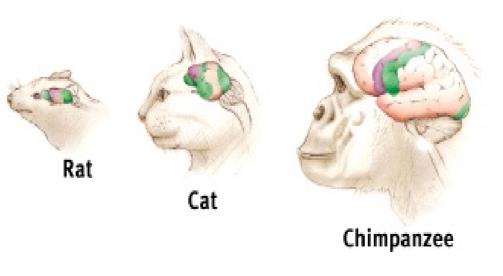


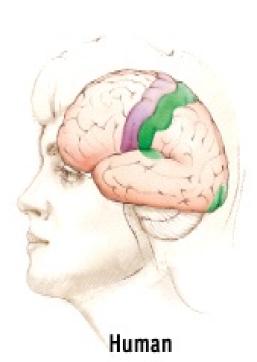
#### **Association Areas**

AB DT DH BAS decreopter

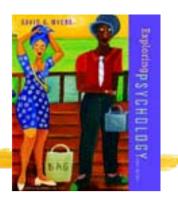
 More intelligent animals have increased "uncommitted" or association areas of the cortex

- Motor areas
- Sensory areas
- Association areas





#### **The Cerebral Cortex**



#### Aphasia

 impairment of language, usually caused by left hemisphere damage either to Broca's area (impairing speaking) or to Wernicke's area (impairing understanding)

#### Broca's Area

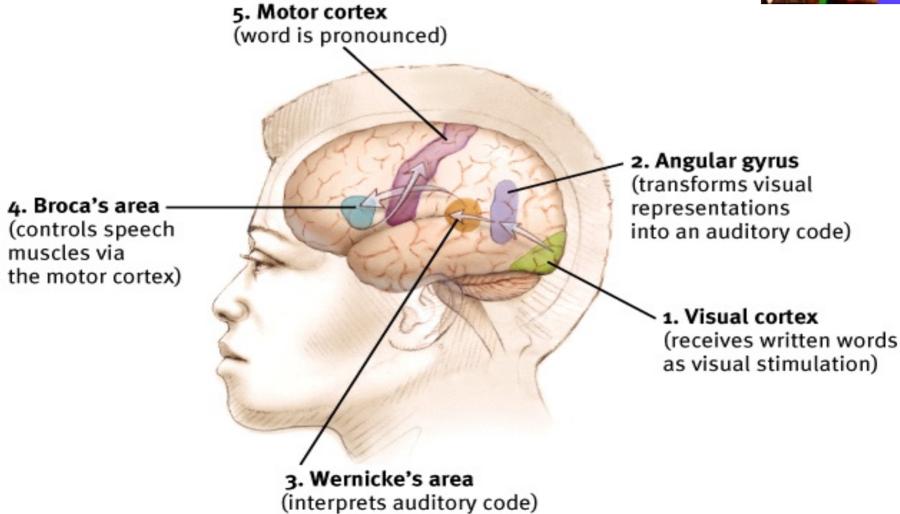
 an area of the left frontal lobe that directs the muscle movements involved in speech

#### Wernicke's Area

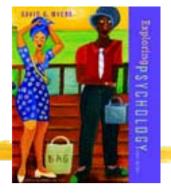
 an area of the left temporal lobe involved in language comprehension and expression

# Specialization and Integration

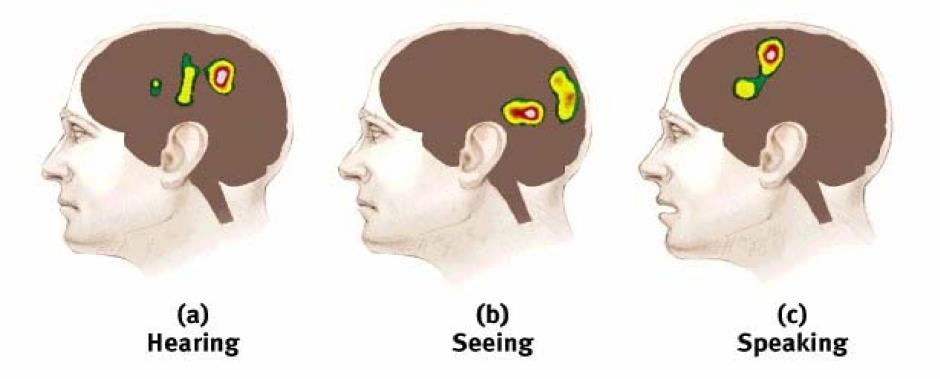




# Specialization and Integration

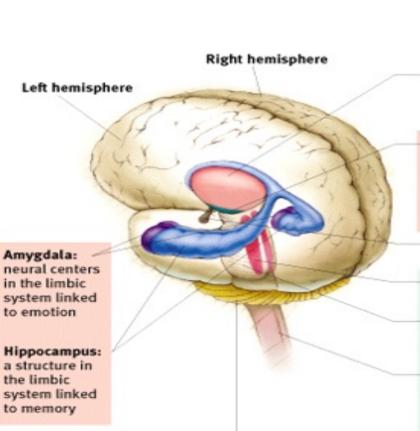


Brain activity when hearing, seeing, and speaking words



### **Brain Structures and their Functions**





Corpus callosum: axon fibers connecting two cerebral hemispheres

Thalamus: relays messages between lower brain centers and cerebral cortex

Hypothalamus: controls maintenance functions such as eating; helps govern endocrine system; linked to emotion and reward

Pituitary: master endocrine gland

Reticular formation: helps control arousal

Medulla: controls heartbeat and breathing

Spinal cord: pathway for neural fibers traveling to and from brain; controls simple reflexes

Cerebellum: coordinates voluntary movement and balance Cerebral cortex: ultimate control and information-processing

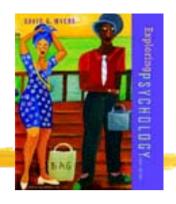
center

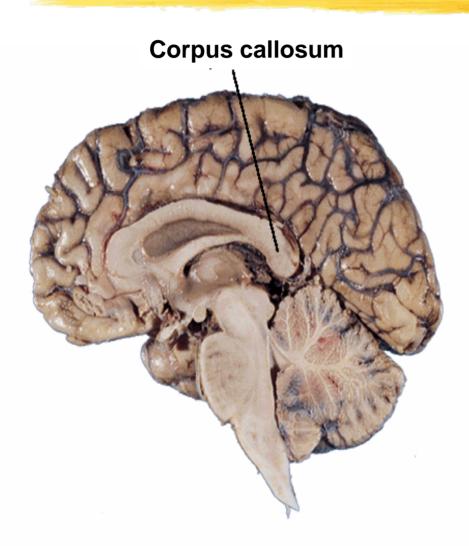
### **Brain Reorganization**



- Plasticity
  - the brain's capacity for modification, as evident in brain reorganization following damage (especially in children) and in experiments on the effects of experience on brain development

#### **Our Divided Brain**



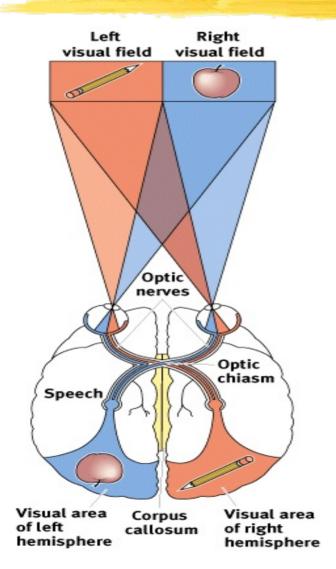


### CorpusCallosum

- large band of neural fibers
- connects the two brain hemispheres
- carriesmessagesbetween thehemispheres

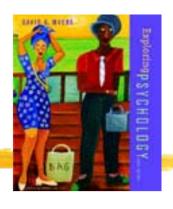
#### **Our Divided Brain**

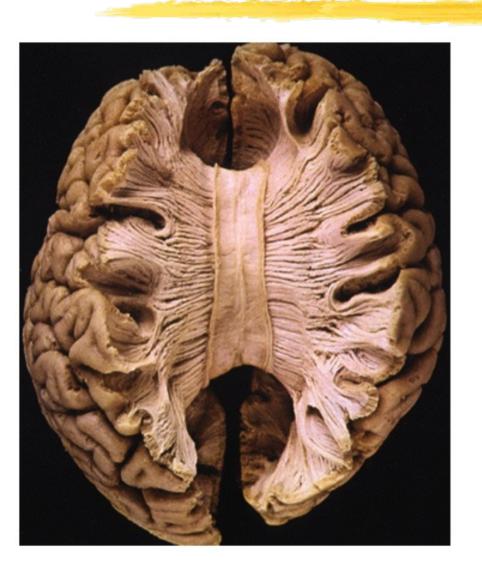




The information highway from the eye to the brain

### **Split Brain**





a condition in which the two hemispheres of the brain are isolated by cutting the connecting fibers (mainly those of the corpus callosum) between them

### **Split Brain**

"What word did you see?"







Two words separated by a dot are momentarily projected.



or

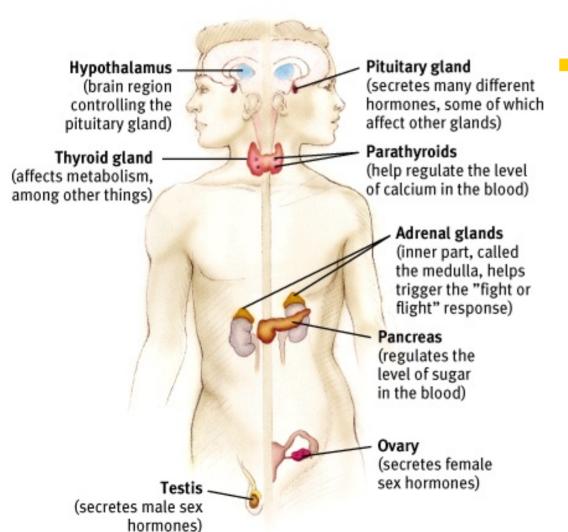
"Point with your left hand to the word you saw."





# The Endocrine System

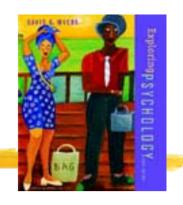




#### **Endocrine System**

- the body's "slow" chemical communication system
- a set of glands that secrete hormones into the bloodstream

# **Neural and Hormonal Systems**



#### Hormones

- chemical messengers, mostly those manufactured by the endocrine glands, that are produced in one tissue and affect another
- Adrenal [ah-DREEN-el] Glands
  - a pair of endocrine glands just above the kidneys
  - secrete the hormones epinephrine (adrenaline) and norepinephrine (noradrenaline), which help to arouse the body in times of stress

#### Pituitary Gland

 under the influence of the hypothalamus, the pituitary regulates growth and controls other endocrine glands