



Mexican Traditional Health Fairs

Ferias de Salud

*Sponsored by the University of New Mexico Women's Resource Center
In Partnership With
The New Mexico Behavioral Health Purchasing Collaborative,
National Hispanic Cultural Center & the City of Albuquerque
Cultural Services Department*

Some twenty well-known Mexican folk healers/curanderos(as) from the México City area, including the communities of Cuernavaca, Tepoztlán and Amatlán, will participate in various health fairs in Albuquerque from July 28-30, 2009. They will be discussing traditional healing therapies including herbal medications, spiritual cleansings and other healing techniques which have remained a part of the Mexican culture for centuries. Treatments will be available and donations accepted.

Tuesday, 7/28/09

12:00-2:30 p.m. UNM Traditional Mexican Health Fair ~
Feria de Salud (Outside of the SUB north entrance)



Tuesday, 7/28/09 ~~~~ FREE WORKSHOPS

12:00-1:30 p.m. Renowned Mexican Folk Healers
Curanderos(as) from the Mexico City Area will speak:
(Location LOBO A and B upstairs in SUB)

- 12:00-12:30 p.m.

Eliminating negative energy and healing yourself through laughter *Risa Terapia* –
Rita Navarrete, Curandera

- 12:30-1:00 p.m.

Usage of medicinal plants, traditional massage, and spiritual cleansings for a
holistic healing approach *Limpías Espirituales y plantas medicinales* – Velia
Herrera, Curandera

- **1:00-1:30 p.m.**

Traditional healing through the practice of ocean shell sounds for spiritual cleansings and the usage of obsidian stone for energy treatments *Uso terapéutico del caracol y la obsidiana* - Juan Carlos Solano, Curandero

Tuesday, 7/28/09

5:00-10:00 p.m. Mexican Traditional Health Fair ~ Feria de Salud
Old Town Plaza (Gazebo area) & Old Town Chapel
(Patio Escondido ~ 404 San Felipe)

Wednesday, 7/29/09

5:00-10:00 p.m.
Traditional Mexican Health Fair ~ Feria de Salud
La Placita ~ 827 Isleta Blvd. SW, Albuquerque, NM 87105

Thursday, 7/30/09

5:00-10:00 p.m.
Traditional Mexican Health Fair ~ Feria de Salud
National Hispanic Cultural Center (1701 4th Street SW, courtyard
between Salon Ortega and La Fonda Restaurant)



FREE WORKSHOPS, 7/30/09

National Hispanic Cultural Center ~ 6:00-7:30 p.m.
Renowned Mexican Folk Healers/Curanderos(as) from the Mexico City
Area will speak. Talks will be interpreted.
Wells Fargo Auditorium

- **6:00-6:30 p.m.**

Eliminating negative energy and healing yourself through laughter *Risa*
***Terapia* – Rita Navarrete, Curandera**

- **6:30-7:00 p.m.**

Usage of medicinal plants, traditional massage, and spiritual cleansings for a holistic healing approach *Limpías Espirituales y plantas medicinales* – Velia Herrera, Curandera

- **7:00-7:30 p.m.**

Traditional healing through the practice of ocean shell sounds for spiritual cleansings and the usage of obsidian stone for energy treatments *Uso terapéutico del caracol y la obsidiana* - Juan Carlos Solano, Curandero

Out of Town Ferias de Salud

Saturday, 8/1/09

9:00 a.m. to 4:00 p.m.

Traditional Mexican Health Fair/ *Feria de Salud*

Hoy Recovery Program

Alcalde (North of Espanola)

Monday, 8/3/09

9:00 a.m. to 3:00 p.m.

Traditional Mexican Health Fair/ *Feria de Salud*

Santa Fe American Indian Arts Institute

Wednesday/Friday, 8/5/09 and 8/7/09

Traditional Mexican Health Fair/ *Feria de Salud*

Denver, Colorado

Last edited 7-8-09

