



Student Health & Counseling (SHAC)

March 20, 2009

RE: **Coaching/Support Group for UNM Graduate Students**

Dear Graduate Students;

A few weeks ago you may have received emails from Graduate & Professional Students Association (GPSA), Raza Graduate Student Association (RGSA), and Student Health and Counseling (SHAC) inviting you to an introductory meeting for the Coaching/Support Group for Graduate Students that we are co-sponsoring.

The Ten-Session Coaching/Support Group will focus on ultimately getting your theses and dissertations completed using tried and true coaching and behavioral principles combined with the support only such a group can provide.

The program starts on *Monday, March 30, from 3:00 p.m. to 4:30 p.m. It will be held in the SUB Scholars Room weekly* for approximately 5 to 6 weeks and then we will stretch the remaining sessions over the following 8 to 12 weeks. The cost will be \$50.00 for the entire program that can be billed to your Bursars Account or paid directly to Student Health and Counseling Services.

I am writing you today to let you know... *its not too late to join!!* However, space is limited. So if you are interested, *please come to our first meeting* and check it out. If you decide it's not for you, then you won't be charged the fee.

Check out the great article that Nikka Peralta of the Daily Lobo wrote about the program (on 3/12/09) at this link:

<http://media.www.dailylobo.com/media/storage/paper344/news/2009/03/12/News/Program.Aims.To.Help.Grad.Students.Cope-3669906.shtml>

Thanks for your interest and have a great semester!

Sincerely,

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