

Chapter 17 Study Questions

1. Name three types of the factors that affect the accuracy of blood pressure readings during exercise.
2. What differences in blood pressure might you expect from a pressure measured at the arm (radial artery) vs. a more central blood pressure measurement site (brachial artery)?
3. Describe 2 types of hypertensive blood pressure responses to exercise. Which type suggests a person who would benefit from an exercise training program?
4. Name 2 things that can trigger a hypotensive response to exercise. Does a person with this type of exercise blood pressure response usually have a good prognosis?
5. How might the blood pressure response be different from normal in a CAD patient during recovery from exercise?