



CHOICE MAKING, DECISION MAKING, PROBLEM SOLVING

Choice/Decision Making and Problem-solving

Choice/Decision Making

- “recognizing and weighing decisions based upon understanding of potential challenges, needs, and benefits” (NGTSDPractice Guide, 2010, p. 6)

Problem-solving

- Recognizing both long- and short term potential barriers and creating plans to work around the barriers” (NGTSDPractice Guide, 2010, p. 7)

(May not be able to quickly see answers or solutions to problem situations.)

“Asking “what do you want for lunch?” is not self-determination”

Choice-making requires

- *Systematic instruction* to learn to make choices/decisions based on ones preferences
- *Opportunities* to engage in meaningful choice-making

- “A common misconception is that self-determination is simply a process of adults with ID making their own choices without input or information from others. . . . In terms of self-determination, this support includes assisting in making informed rather than impulsive choices.” (Wiltz, 2007, p. 62)

Coming Up. . .



- Week 11: Cultural and Family Perspectives on Self-Determination
 - Read Shogren (2012) and Zhang & Benz (2006)
- Week 11 (10/27) – We are back at the Center with the self-advocates. Be thinking about next steps for the presentations:
 - Do you have all the information needed to create the presentation?
 - Do you have engaging activities planned that the self-advocates can lead?
 - Is the information being presented in an understandable manner?