Self-Determination Curricula and Components

TITLE	Product Info	Choice/ Decision Making	Goal Setting/ Attainment	Problem Solving	Self Eval	Self Advocacy	IEP Plan	Relationships w/Others	s Self Awareness	Contents	Audience
A curriculum guide for the development of self- determination and self-	AJ Pappanikou Center on Special Education			\checkmark						Manual	Young adults, with or without disabilities
advocacy skills 1994	(860) 679-1500 Price: \$15	Other:	Parent Advoc	acy				Fi	ield Test		
A maze to amaze	Colorado Dept. of Education						✓			Manual Video	Educators/other service providers
	(303) 866-6799	Video Other: Employment, Education, Housing/daily living, Personal, Community Field Test									instructing secondary students with disabilities
0	Price: \$50										
A road map for success: Setting goals and recruiting mentors	University of Illinois at Chicago			✓					\checkmark	Student Handbook Lesson Guide	Minority youth with learning, cognitive,
Ū	(312) 413-1806	Other:	Vocational					Fi	ield Test 🗌	Lesson Guide	physical or emotional disabilities
1999	Price: \$20										
A student's guide to the IEP	NICHCY									Student Booklet Audiotape	Not specified but requires reading skills
	(800) 695-0285	Other:	Education					T 2	ield Test		
1995	Price: \$5							FI	ield Test 🗌		

TITLE	Product Info	Choice/ Decision Making	Goal Setting/ Attainment	Problem Solving	Self Eval	Self Advocacy	IEP Plan	Relationshi w/Others	ps Self Awareness	Contents	Audience
Become your own expert: Self-advocacy curriculum	MN Dept. of Children,				✓		✓	\checkmark		Teacher & Student Guide	Students with learning
for individuals with learning disabilities	Families, and Learnina (651) 582-8515	Other:	Employment, Community	Education,	Housin	g/daily living	g, Adjus	-	Field Test 🗸		disabilities (9th grade and older)
0	Price: No Charge										
ChoiceMaker- Choosing educational goals	Sopris West, Inc.				✓					Teacher manual, blackline masters,	Special or genteral education
	(800) 547-6747	Other:							_	assessments, video	students, grades 6-12
0	Price: \$95								Field Test		-
ChoiceMaker- Choosing employment goals	Sopris West Inc.									Teacher's manual, blackline	Transition aged students with or
	(800) 547-6747	Other:	Employment, Community	Education,	Housin	g/daily livin	g, Pers		Field Test 🖌	masters, assessment	without disabilities
1997	Price: \$95										
ChoiceMaker- Self- directed IEP	Sopris West Inc.				✓	\checkmark	✓			Teacher's manual, student	Students with learning
	(800) 547-6747	Other:	Employment, Community, s			g/daily living	g, Pers		workbook, assessments, video		disabilities, mild to moderate mental retardation, or
1996	Price: \$120										retardation, or

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ChoiceMaker- Take action: Making goals happen	Sopris West Inc.									Teacher's manual, blackline	Not specified
парреп	(800) 547-6747 Price: \$95	Other:	Adjustment, E Personal, Co		t, Educa	ation, Housi	ing/daily	0.	Field Test 🖌	masters, video	
ChoiceMaker: Choosing personal goals	Sopris West, Inc.				✓					Teacher manual, blackline masters,	Special or general education
	(800) 547-6747 Price: \$95	Other:						i	Field Test 🗌	assessments, video	students, grades 6-12
Circles: Intimacy & relationships	James Stanfield Publishing Co.									Teaching guide 17 Live action video programs	Students with all levels of disabilities
1993	(800) 421-6534 Price: \$599	Other:	Self-esteem, thinking (DM/		ommun	ity, vocatior	nal, critic		Field Test 🗌	Wall teaching graph & graph icons Student personal graph	(especially those with intellect and functional challenges and
Connections: A transition curriculum for grades 3 through 6	Colorado Dept. of Education								V	Guide Reproducible masters	Students with and without disabilities and
	(303) 866-6799	Other: Employment, Education, Housing/daily living, Personal, Community, Conflict resolution							students at-risl		
0	Price: \$30										

TITLE	Product Info	Choice/ Decision Making	Goal Setting/ Attainment	Problem Solving	Self Eval	Self Advocacy	IEP Plan	Relationships w/Others	Self Awareness	Contents	Audience
Creating an Implementing a Summery College Preparation Experience:	Center on Education and Work Publications										High school and postsecondary disability services
Resources for Replication	Unit (608) 263-2929	Other:						Fi	eld Test 🗌		professionals
0	Price: \$50										
From Here to There: A Self-Assesment of Learning and Self-	Center on Education and Work Publications									Online assessment	Postsecondary bound high school students
Advocacy	Unit (608) 263-2929	Other:						Fi	eld Test		and postsecondary
0	Price: \$50										students
I am a leader: Youth leadership development	Advocating Change Together									Handbook, cd, worksheets, posters	10-16 year old students
program		Other:								posiers	
0	(800) 641-0059 Price: 149.95							Fi	eld Test		
I can do this! An instructional unit in self-	Spartanburg County School					\checkmark				Manual	Highschool students with
advocacy for students with disabilities	District	Other:	Education, er	nployment							disabilities
	(864) 594-4400							Fi	eld Test		
1994	Price: No Charge	•									

TITLE	Product Info	Choice/ Decision Making	Goal Setting/ Attainment	Problem Solving	Self Eval	Self Advocacy	IEP Plan	Relationships w/Others	s Self Awareness	Contents	Audience	
In their own words	George Washington University Heath					\checkmark			\checkmark	Study guide Video	Transition aged students with mild or moderate	
	Resource Center (800) 544-3284	Other:	Employment,	Education,	Comm	unity		Fi	ield Test		behavioral or emotional disabilities	
0	Price: \$32										disabilities	
It's my life: Preference based planning, my life planner, profile decks,	New Hats, Inc.				✓	✓	✓			I want my dream deck; Hat cards; New Hats for	Students and adults with and without disabilitie	
and dignity based models	(435) 259-9400	Other:	Employment,	Housing/da	aily livin	g, Personal	, Comr		ield Test	educators; New Hats for Futures Planning;		
0	Price: \$360 (all)									Guide/workbook		
It's my life: Preference- based planning for self-	New Hats, Inc.					\checkmark				Facilitator's manual adn	Students and adults who have	
directed goal meetings		Other:	Community, p leisure	personal, da	aily living	g, housing,	vocatio	n,		students workbooks	basic reading skills	
	(801) 259-9400		leisure					Fi	ield Test			
1994	Price: \$25											
Lessons for living: The 20 self-determination skills and self-advocacy for	James Stanfield Publishing Co.				✓		✓		\checkmark	Lesson manual Trainer's manual Video	High school students with mild or moderate	
people with developmental disabilities: A trainer's	(800) 421-6534	Other:	Employment,	Education,	Housin	g/daily living	g, Com		ield Test 🗌		behavioral or emotional disabilities and	
1995	Price: \$149										disabilities and stucents without	

TITLE	Product Info	Choice/ Decision Making	Goal Setting/ Attainment	Problem Solving	Self Eval	Self Advocacy	IEP Plan	Relationships w/Others	Self Awareness	Contents	Audience
Life centered career education : Modified curriculum for individuals	Council for Exceptional Children								✓	Manual	Middle school and transition aged students
with moderate disabilities	(888) 232-7733	Other:	Employment, Community	Education,	Housin	g/daily living	g, Perso		eld Test		with moderate disabilities
1997	Price: \$30										
Life centered career education: A competency based approach (5th Ed.)	Council for Exceptional Children									Basic curriculum book 1,100 lesson	Upper elementary through high school aged
	(888) 232-7733	Other:	Employment, Community	Employment, Education, Housing/daily living, Personal, plans							
1997	Price: \$980		-					Fu	eld Test 🖌	tools	disabilities or students without
Making choices as we age: A peer training	RRTC Clearinghouse on			\checkmark		\checkmark				Trainer's Guide Coordinator's	Peer trainers and support persons
program	Aging and DD	Other:	Personal, hea	alth, leisure						Guide	for adults with mental retardation
	(800) 996-8845							Fie	eld Test		
1995	Price: \$55										
Metropolitan Nashville peer buddy manual	Metropolitan Nashville Peer		\checkmark					✓		Peer buddy manual	high school aged non-disabled
	Buddy Program	Other:	Daily living, re					ation,		Teachers manual	they will focus on
	(615) 322-8186		personal, tasl	k analysis, behavior management				Fie	Field Test		those skills with students of all
1999	Price: No charge							disabilitias			

TITLE	Product Info	Choice/ Decision Making	Goal Setting/ Attainment	Problem Solving	Self Eval	Self Advocacy	IEP Plan	Relationships w/Others	Self Awareness	Contents	Audience
My voice, my choice: A manual for self-advocates	Human Services Research Institute									Manual Overhead masters	People with developmental disabilities, or
0	(503) 885-1436 Price: \$179	Other:	Systemj servi driver suppor				particip		eld Test 🗌		friend, family, mentor, or advocate for
Next S.T.E.P.: Student transition and educational	Pro-Ed				✓		✓			video teacher manual	Transition aged students with and
planning 1997	(800) 897-3202 Price: \$169	Other:	Adjustment, E Community	Employmen	t, Educa	ation, Housi	ng/daily	0	eld Test ✔	student workbook	without disabilities, and/or atudents at-risk
No more B.S.: Straight talk about self-advocacy	People First of Washington		\checkmark		✓					Manual	Students with DD and their friends, teachers,
0	(800) 758-1123 Price: \$10	Other:						Fie	eld Test 🗌		parents, and service providers
Opportunities for daily choice making	American Association on Mental Retardation									Book	Professionals and others who care about
1996	(202) 387-1968 Price: \$21.95	Other:						Fie	eld Test		people with disabilities

TITLE	Product Info	Choice/ Decision Making	Goal Setting/ Attainment	Problem Solving	Self Eval	Self Advocacy	IEP Plan	Relationships w/Others	Self Awareness	Contents	Audience
Parent education workbook for	Iowa State University Press									workbook	Mainstreamed students
mainstreamed students. Part I: Relationships; Unit 1: Understanding Yourself	(available thru ERIC)	Other:	Personal- sex	roles				Fil	eld Test		
	Price:										
PATH: Planning alternative tomorrows with hope. A workbook	Inclusion Press International Voice						✓			workbook	Schools, organizations, buisnesses,
for planning possible positive futures	(416) 658-5363	Other:						E:	eld Test		families
1993	Price: \$20							ги			
Person-centered planning for later life: A curriculum for adults with mental	RRTC Clearinghouse on Aging and DD						✓			Curriculum manual Trainee notebook	Adults with mental retardation
retardation	(800) 996-8845	Other:	recreation, er housing	nployment,	retirem	ent, leisure,	commu		_		
1994	Price: \$55		Ū					Fi	eld Test 🖌		
Project partnership: A model program for	Very Special Arts Educational		\checkmark		✓					Manual	High school students with
encouraging self- determination through access to the arts	Services (202) 401-2000	Other:	Adjustment, E	Employment	nployment, Personal			Field Test 🗸			mental or physical disabilities
1993	Price:							14	ciu I col V		

TITLE	Product Info	Choice/ Decision Making	Goal Setting/ Attainment	Problem Solving	Self Eval	Self Advocacy	IEP Plan	Relationships w/Others	Self Awareness	Contents	Audience
Putting feet on my dreams: A program in self-determination for	Portland State University		\checkmark						\checkmark	Manual	Secondary or postsecondary students, with or
adolescents and young adults	(503) 725-4486	Other:	Employment, Community, (g/daily living	g, Pers		eld Test 🖌		without disabilities
1994	Price: \$30										
Rocketing into the future: A student conference	MN Dept. of Children,					✓				Sample materials for student	For transition agency team,
launching kit	Families, and Learning (651) 582-5815	Other:	Education					Fi	eld Test 🗌	conference	postsecondary institutions, high achool guidence counselors, and
0	Price: \$8.95										counselors, and
Self-advocacy strategy for education and transition planning	Edge Enterprises, Inc.					\checkmark	✓		\checkmark	instructor's manual	Primary and secondary students with
transition planning	(785) 749-1473	Other:	Employment, Community	Education,	Housin	g/daily living	g, Pers		eld Test 🖌		mild disabilities and high risk
1994	Price: \$19.50										
Self-determination for youths with disabilities: A family education	University of Minnesota			✓			✓			manual	Young adults with disabilities and family members
curriculum	(040) 004 4540	Other:	Personal, Co	mmunity							
1994	(612) 624-4512 Price: \$10							Fi	eld Test		

TITLE	Product Info	Choice/ Decision Making	Goal Setting/ Attainment	Problem Solving	Self Eval	Self Advocacy	IEP Plan	Relationship w/Others	s Self Awareness	Contents	Audience
Self-determination training: Journey to independence	lowa Department of Education					\checkmark				Manual	Family members and secondary students with
	(515) 281-4114	Other:							ield Test		mild to moderate learning
0	Price:							r	iela Test		disabilities, developmental
Self-determination: A resource manual for	People First of Washington					\checkmark	✓			Resource manual	Students with DD and their friemds,
teaching and learning self- advocacy skills	(800) 758-1123	Other:	Personal, cor respecting div		mmunio	cation, asse	rtivenes		ield Test 🗌		teachers, parents, and service providers
1995	Price: \$6										
Self-determination: The road to personal freedom	Protection and Advocacy System							\checkmark		Teaching manual Reproducible masters	High school students with mild disabilities
		Other:	Community, F	Personal, le	isure					masters	mild disabilities
	(505) 256-3100							F	ield Test		
	Price: \$35										
SelfPower: A self- advocacy book for children with special	People First of Washington									Student Workbook	Young children with disabilities
needs		Other:	Self-efficacy,	Housing							
	(800) 758-1123							F	ield Test		
0	Price: \$5.00										

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TITLE	Product Info	Choice/ Decision Making	Goal Setting/ Attainment	Problem Solving	Self Eval	Self Advocacy	IEP Plan	Relationships w/Others	s Self Awareness	Contents	Audience
Speak up for yourself and your future! A curriculum for building self-advocacy	Enabling Futures Project			\checkmark		\checkmark	✓	\checkmark		guide	secondary students with and without disabilities
and self-determination skills	(802) 241-2417	Other:						Fi	eld Test		
1993	Price: \$14										
Speak Up! Guide: Self- Advocacy, Self- Determination, Leadership	Shifting the Power CB#7255, UNC- CH			\checkmark		\checkmark			\checkmark		Adults with developmentaldis abilities
	(919) 962-3603	Other:	starting a self	-advocacy	group			E	ield Test		
0	Price:							Г	eta Test		
Steps to self- determination: A	Pro-Ed				✓	\checkmark			\checkmark	Instructor's guide Student activity	Adolescent students with and
curriculum to help adolescents learn to achieve their goals	(800) 897-3202	Other:	ther: Adjustment, Employment, Housing/daily living, Personal, Community, Conflict Resolution						without disabilities		
1996	Price: \$98									knowledge scale	
TAKE CHARGE	OHSU Center on Self-Determination				✓	\checkmark	✓			Student guide Student workbook	Middle school students with disabilities
	(503) 232-9154	Other:	Adjustment, E Personal, Cor	nt, Employment, Education, Housing/daily living, , Community				•	guide		GISADIIILIES
1998	Price: \$65	Video									

TITLE	Product Info	Choice/ Decision Making	Goal Setting/ Attainment	Problem Solving	Self Eval	Self Advocacy	IEP Plan	Relationships w/Others	Self Awareness	Contents	Audience
TAKE CHARGE for the future	OHSU Center on Self-Determination				✓	\checkmark	✓			Student guide Companion guide Parent guide	Sophomores and juniors with disabilities
1998	(503) 232-9154 Price: \$45	Other:	Adjustment, E Personal, Cor		t, Educa	ation, Housir	ng/daily	0.	eld Test ✔	Class guide	
Teaching problem solving to students with mental retardation	American Association on Mental Retardation									Book	Individuals who work with students with
	(202) 387-1968	Other:						Fie	eld Test		mental retardation
1999	Price: \$21.95										
The transition handbook; Strategies high school teachers use that work	Brookes Publishing				✓				✓	teacher manual	High school students with disabilities
2000	(800) 638-3775 Price: \$48	Other:	Vocational Educational Community					Fie	eld Test		
The transitions curriculum	James Stanfield Publishing Co.						✓			Teacher's guide Reproducible student handouts	secondary and middle school
	(800) 421-6534 Price: \$399	Other:	Vocational Health Leisure Education Financial				Fie	eld Test 🗌	Videotapes	students at risk; can be used with adult, general, or vocational classes or with	

TITLE	Product Info	Choice/ Decision Making	Goal Setting/ Attainment	Problem Solving	Self Eval	Self Advocacy	IEP Plan	Relationship w/Others	s Self Awareness	Contents	Audience
Tools for change- Getting organized: Connecting personal expereince to collective action	Advocating Change Together									Facilitator's guide, video	Members of self- advocacy groups,
	(800) 641-0059	Other:		Field Test				students, people in competitive or supported			
1999	Price: \$149.95								_		employment
Tools for change- Leading change	Advocating Change Together			✓						Manual, video	Members of self- advocacy groups,
	(000) 044 0050	Other:	Other: Vocational, Community								students, people in competitive or supported
0	(800) 641-0059 Price: \$149.95							F	ield Test		employment
Tools for change- My choice, your decision	Advocating Change Together					✓		✓		Facilitator's guide Video	People with developmental
	(800) 641-0059	Other:						F	ield Test 🗌		and other disabilities
1999	Price: \$149.95										
Tools for change- Shaking off sterotypes	Advocating Change Together		\checkmark						✓	Facilitator's guide, video,	Members of self- advocacy groups,
	(800) 641-0059	Other:	Vocational, co	ommunity				F	ield Test 🗌	participant workbook, overhead masters	students, people in competitive or supported
1996	Price: \$149.95										employment

TITLE	Product Info	Choice/ Decision Making	Goal Setting/ Attainment	Problem Solving	Self Eval	Self Advocacy	IEP Plan	Relationship w/Others	s Self Awareness	Contents	Audience
Tools for change- Sticks and stones	Advocating Change Together		\checkmark						\checkmark	Manual, video	Members of self- advocacy groups, students, people
0	(800) 641-0059 Price: \$49.95	Other:	Vocational, C	community				F	ield Test 🗌		in competitive or supported employment
Transition Issues Curriculum	Colorado Department of Education	Other:									High school students with disabilities
	(303) 866-6811							F	ield Test		
0	Price: \$25										
Transition toolkit: Chart a course for the future	Colorado Dept. of Education		\checkmark			✓	✓	\checkmark		manual	Middle school and transition aged students
0	(303) 866-6799 Price: \$30	Other:	Employment, Community	Education,	Housin	ıg/daily livinç	g, Perso		ield Test ✔		with and without disabilities
Transitions to High School	Eaton Coull Learning Group, Ltd.	Other:								Video, Student workguide, Self- advocacy	Middle grade students with disabilities and
0	(800) 933-4063 Price: \$47 - \$220							F	eld Test 🗌	handbook, Transition booklet, Discussion guide	their parents

TITLE	Product Info	Choice/ Decision Making	Goal Setting/ Attainment	Problem Solving	Self Eval	Self Advocacy	IEP Plan	Relationships w/Others	Self Awareness	Contents	Audience			
Transitions to Postsecondary Learning	Eaton Coull Learning Group, Ltd.	Other:								Video, Student workguide, Self- advocacy handbook, Discussion guide	Secondary grade students with disabilities and their parents			
	(800) 933-4063							Fie	Field Test					
0	Price: \$47 - \$179													
Voices that count	RRTC Clearinghouse on Aging and DD		Employment,							Presenter's guide, audio cassette, video	People with DD, advocates			
	(800) 996-8845	Other:												
0	Price: \$85							ги	eld Test					
We can do it: A curriculum for teaching	MN Department of Children, Families, and Learning (615) 582-8515									Instructors manual	Not specified			
self-determination		Other: self-esteem, communication Field Test												
1994	Price: \$10.95													
Whose future is it anyway? A student directed transition process	The Arc National Headquarters		\checkmark		✓				✓	student manual Middle school with coaches and transition guide aged students				
	(888) 368-8009	Other:	ther: Employment, Education, Housing/daily living, Personal, Recreation, System self-advocacy, community							guide	with mild r moderate cognitive and			
1995	Price: \$37.75										developmental			