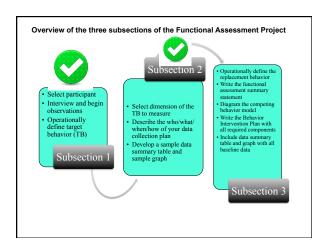
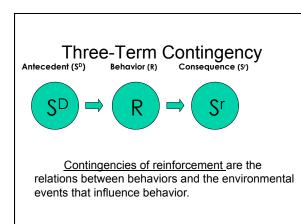
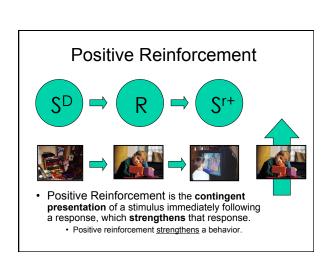
How to Effectively Use Reinforcement to Increase Academic and Social Behaviors

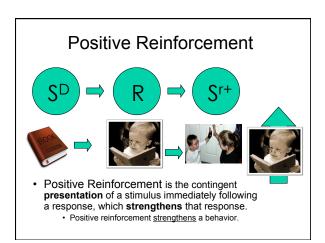
> SPCD 519 Week 8











A reward is not necessarily a reinforcer.

A reward is an arbitrarily selected item used to recompense performance of a behavior. It does NOT act as a reinforcer unless it increases/ sustains the future occurrence of the behavior.





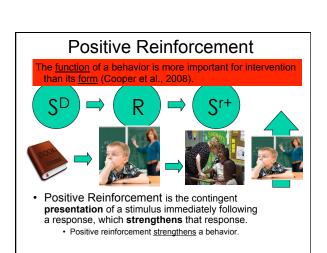
• **Primary Reinforcers** are unconditioned; they don't rely on previous learning to acquire reinforcing value.

Unconditioned stimuli can be pleasant or aversive.

Secondary Reinforcers are conditioned (learned). They acquire their reinforcing properties by being paired repeatedly and contingently with another stimulus that is already reinforcing.

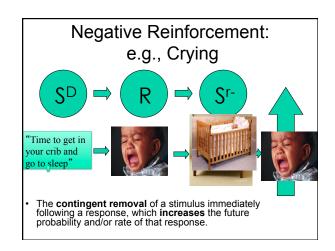


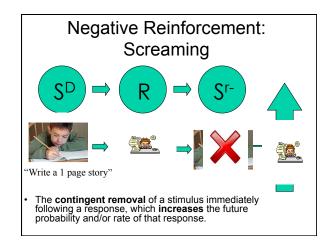


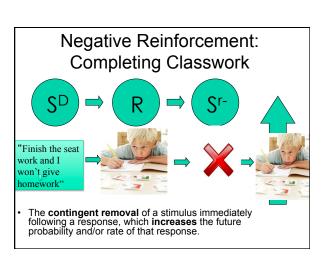


Effective Selection of Reinforcers

- · Match the reinforcer to the individual
 - Consider the individual's age, social context, preferences, etc.
- Only use external reinforcers when needed and thin them as soon as is feasible or replace with intrinsic, naturally occurring reinforcers
- · Monitor reinforcer use and vary them frequently







Related Terms

- Avoidance = cases of negative reinforcement in which the individual engages in a behavior to <u>avoid</u> or postpone an aversive stimulus
- Escape = behavior that <u>removes</u> or reduces an aversive stimulus

Negative Reinforcement



Escape and avoidance behaviors are maintained by negative reinforcement.

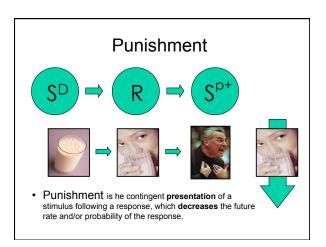
Keep this in mind when teaching a replacement behavior that has the function of escape or avoidance.

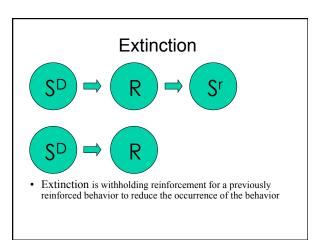
"Every teacher makes a decision to run a classroom in such a way that students behave appropriately to avoid unpleasantness from the teacher <u>or</u> in such a way that they behave appropriately because the teacher provides many opportunities for positive reinforcement."

(Alberto & Troutman, p. 331, 2003 emphasis added)

Potentially Confusing Concepts:

- Negative reinforcement
 - Removes aversive consequence so that a behavior is <u>strengthened</u> (e.g., frequency increases)
- Punishment
 - Applies* an aversive consequence so that behavior <u>decreases</u>
- Extinction
 - Discontinuation of reinforcement to decrease a behavior





	Increase Behavior	Decrease Behavior	Add a consequence	Remove a consequence	Discontinue consequence
Negative Reinforcement	Х			Х	
Positive Reinforcement	X		X		
Extinction		X			X
Punishment		X	X		