# STOKE DECK

version 1.0

# STOKE DECK

version 1.0





# STOKE DECK

version 1.0

# STOKE DECK

version 1.0





#### What and why?

The Stoke Deck is a collection of activities used at the d.school to Boost Energy, Create Focus, Get Personal, Nurture Camaraderie, and Communicate Mindsets. Use them at the beginning of class or during transitions. Search the index cards to find the perfect stoke for you!

This is just version 1.0, so write in the margins, change what doesn't work, and customize as necessary. Also, use the blank cards to write other stokes you hear about and invent new ones. Let us know how this deck works for you - we look forward to feedback!

Have fun! Taylor and Tania



#### What and why?

The Stoke Deck is a collection of activities used at the d.school to Boost Energy, Create Focus, Get Personal, Nurture Camaraderie, and Communicate Mindsets. Use them at the beginning of class or during transitions. Search the index cards to find the perfect stoke for you!

This is just version 1.0, so write in the margins, change what doesn't work, and customize as necessary. Also, use the blank cards to write other stokes you hear about and invent new ones. Let us know how this deck works for you - we look forward to feedback!

Have fun! Taylor and Tania



#### What and why?

The Stoke Deck is a collection of activities used at the d.school to Boost Energy, Create Focus, Get Personal, Nurture Camaraderie, and Communicate Mindsets. Use them at the beginning of class or during transitions. Search the index cards to find the perfect stoke for you!

This is just version 1.0, so write in the margins, change what doesn't work, and customize as necessary. Also, use the blank cards to write other stokes you hear about and invent new ones. Let us know how this deck works for you - we look forward to feedback!

Have fun! Taylor and Tania



#### What and why?

The Stoke Deck is a collection of activities used at the d.school to Boost Energy, Create Focus, Get Personal, Nurture Camaraderie, and Communicate Mindsets. Use them at the beginning of class or during transitions. Search the index cards to find the perfect stoke for you!

This is just version 1.0, so write in the margins, change what doesn't work, and customize as necessary. Also, use the blank cards to write other stokes you hear about and invent new ones. Let us know how this deck works for you - we look forward to feedback!

Have fun! Taylor and Tania



**WE WANT TO...** 

# CREATE FOCUS

**WE WANT TO...** 

# CREATE FOCUS

**WE WANT TO...** 

CREATE FOCUS

**WE WANT TO...** 

CREATE FOCUS

## Try these!

### Try these!

- 1 Soundball
- 2 One-Word Proverbs
- 5 I'm a Tree
- 6 Alphabet Soup
- 7 Category, Category, Die!
- 15 Misnamer
- 19 Fail Test
- 28 Yee-haw!

- 1 Soundball
- 2 One-Word Proverbs
- 5 I'm a Tree
- 6 Alphabet Soup
- 7 Category, Category, Die!
- 15 Misnamer
- 19 Fail Test
- 28 Yee-haw!

## Try these!

## Try these!

- 1 Soundball
- 2 One-Word Proverbs
- 5 I'm a Tree
- 6 Alphabet Soup
- 7 Category, Category, Die!
- 15 Misnamer
- 19 Fail Test
- 28 Yee-haw!

- 1 Soundball
- 2 One-Word Proverbs
- 5 I'm a Tree
- 6 Alphabet Soup
- 7 Category, Category, Die!
- 15 Misnamer
- 19 Fail Test
- 28 Yee-haw!

**WE WANT TO...** 

# BOOST ENERGY

**WE WANT TO...** 

# BOOST ENERGY

**WE WANT TO...** 

BOOST ENERGY **WE WANT TO...** 

BOOST ENERGY

#### Try these!

#### Try these!

1 Soundball

23 Rapid Fire Teams

3 Yes, and...

27 The Wind Blows

4 Long Lost Friends

28 Yee-haw!

7 Category, Category, Die!

8 The Shake Down

9 Rock-Paper-Scissors War

10 Lemonade

11 Accelerating Introductions

12 Blind Disco

20 Remember when ...?

1 Soundball

23 Rapid Fire Teams

3 Yes, and...

27 The Wind Blows

4 Long Lost Friends

28 Yee-haw!

7 Category, Category, Die!

8 The Shake Down

9 Rock-Paper-Scissors War

10 Lemonade

11 Accelerating Introductions

12 Blind Disco

20 Remember when ...?

## Try these!

## Try these!

1	Sound	bal	J
1	Sound	υaι	

23 Rapid Fire Teams

3 Yes, and...

27 The Wind Blows

4 Long Lost Friends

28 Yee-haw!

7 Category, Category, Die!

8 The Shake Down

9 Rock-Paper-Scissors War

10 Lemonade

11 Accelerating Introductions

12 Blind Disco

20 Remember when...?

1 Soundball

23 Rapid Fire Teams

3 Yes, and...

27 The Wind Blows

4 Long Lost Friends

28 Yee-haw!

7 Category, Category, Die!

8 The Shake Down

9 Rock-Paper-Scissors War

10 Lemonade

11 Accelerating Introductions

12 Blind Disco

20 Remember when...?

**WE WANT TO...** 

NURTURE CAMARADERIE **WE WANT TO...** 

# NURTURE CAMARADERIE

**WE WANT TO...** 

NURTURE CAMARADERIE **WE WANT TO...** 

NURTURE CAMARADERIE

### Try these!

### Try these!

- 2 One Word Proverbs
- 4 Long Lost Friends
- 6 Alphabet Soup
- 9 Rock-Paper-Scissors War
- 10 Lemonade
- 13 Yes, let's!
- 17 Name Tag
- 18 Three-headed Expert
- 20 Remember when ...?
- 23 Rapid Fire Teams
- 25 Convergence

- 2 One Word Proverbs
- 4 Long Lost Friends
- 6 Alphabet Soup
- 9 Rock-Paper-Scissors War
- 10 Lemonade
- 13 Yes, let's!
- 17 Name Tag
- 18 Three-headed Expert
- 20 Remember when ...?
- 23 Rapid Fire Teams
- 25 Convergence

#### Try these!

## Try these!

- 2 One Word Proverbs
- 4 Long Lost Friends
- 6 Alphabet Soup
- 9 Rock-Paper-Scissors War
- 10 Lemonade
- 13 Yes, let's!
- 17 Name Tag
- 18 Three-headed Expert
- 20 Remember when ...?
- 23 Rapid Fire Teams
- 25 Convergence

- 2 One Word Proverbs
- 4 Long Lost Friends
- 6 Alphabet Soup
- 9 Rock-Paper-Scissors War
- 10 Lemonade
- 13 Yes, let's!
- 17 Name Tag
- 18 Three-headed Expert
- 20 Remember when ...?
- 23 Rapid Fire Teams
- 25 Convergence

**WE WANT TO...** 

# COMMUNICATE MINDSET

**WE WANT TO...** 

# COMMUNICATE MINDSET

**WE WANT TO...** 

COMMUNICATE MINDSET

**WE WANT TO...** 

COMMUNICATE MINDSET

## Try these!

## Try these!

- 3 Yes, and...
- 13 Yes, let's!
- 18 Three-headed Expert
- 19 Fail Test
- 22 1713
- 25 Convergence
- 26 Awkward Silence

- 3 Yes, and...
- 13 Yes, let's!
- 18 Three-headed Expert
- 19 Fail Test
- 22 1713
- 25 Convergence
- 26 Awkward Silence

## Try these!

## Try these!

- 3 Yes, and...
- 13 Yes, let's!
- 18 Three-headed Expert
- 19 Fail Test
- 22 1713
- 25 Convergence
- 26 Awkward Silence

- 3 Yes, and...
- 13 Yes, let's!
- 18 Three-headed Expert
- 19 Fail Test
- 22 1713
- 25 Convergence
- 26 Awkward Silence

WE WANT TO...

# **GET** PERSONAL PERSONAL

**WE WANT TO...** 

# **GET**

**WE WANT TO...** 

**GET** PERSONAL PERSONAL

**WE WANT TO...** 

**GET** 

## Try these!

### Try these!

- 11 Accelerating Introductions
- 14 Story Swap
- 16 Origin Story
- 21 How Are You, Really?
- 24 Gesture Name Game
- 26 Awkward Silence
- 27 The Wind Blows

- 11 Accelerating Introductions
- 14 Story Swap
- 16 Origin Story
- 21 How Are You, Really?
- 24 Gesture Name Game
- 26 Awkward Silence
- 27 The Wind Blows

## Try these!

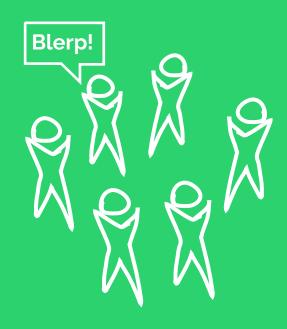
## Try these!

- 11 Accelerating Introductions
- 14 Story Swap
- 16 Origin Story
- 21 How Are You, Really?
- 24 Gesture Name Game
- 26 Awkward Silence
- 27 The Wind Blows

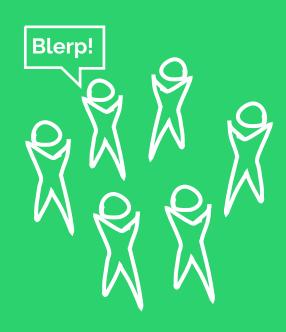
- 11 Accelerating Introductions
- 14 Story Swap
- 16 Origin Story
- 21 How Are You, Really?
- 24 Gesture Name Game
- 26 Awkward Silence
- 27 The Wind Blows

#### 1. SOUNDBALL

#### 1. SOUNDBALL



**BOOST ENERGY + CREATE FOCUS** 



**BOOST ENERGY + CREATE FOCUS** 

#### 1. SOUNDBALL

#### 1. SOUNDBALL



**BOOST ENERGY + CREATE FOCUS** 



**BOOST ENERGY + CREATE FOCUS** 



- 1 Circle up.
- 2 Make a sound and throw an imaginary ball to someone.
- 3| Recipient catches the ball and repeats sound. Then they make a new sound and throw the ball to a different person.
- 4| To make it harder, add new categories and play with multiple balls at once!

#### **INSTRUCTIONS**



- 1 Circle up.
- 2 Make a sound and throw an imaginary ball to someone.
- 3| Recipient catches the ball and repeats sound. Then they make a new sound and throw the ball to a different person.
- 4| To make it harder, add new categories and play with multiple balls at once!

#### **INSTRUCTIONS**



- 1 Circle up.
- 2 Make a sound and throw an imaginary ball to someone.
- 3| Recipient catches the ball and repeats sound. Then they make a new sound and throw the ball to a different person.
- 4| To make it harder, add new categories and play with multiple balls at once!

#### **INSTRUCTIONS**



- 1 Circle up.
- 2 Make a sound and throw an imaginary ball to someone.
- 3| Recipient catches the ball and repeats sound. Then they make a new sound and throw the ball to a different person.
- 4 To make it harder, add new categories and play with multiple balls at once!

#### 2. ONE WORD PROVERBS

#### 2. ONE WORD PROVERBS



**NURTURE CAMARADERIE + CREATE FOCUS** 



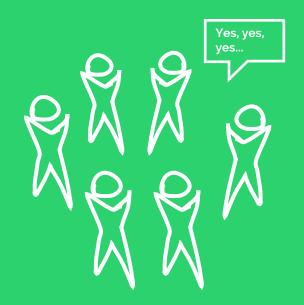
**NURTURE CAMARADERIE + CREATE FOCUS** 

#### 2. ONE WORD PROVERBS

#### 2. ONE WORD PROVERBS



**NURTURE CAMARADERIE + CREATE FOCUS** 



**NURTURE CAMARADERIE + CREATE FOCUS** 

# # of PEOPLE 6-18

- 1 Circle up.
- 2| Someone begins a "proverb" by saying one word.
- 3 The person next to them continues the "proverb" with another word.
- 4| Keep moving around the circle until the proverb feels complete, at which point everyone taps their fingers together and says "yesyesyesyesyes..."

#### **INSTRUCTIONS**



- 1 Circle up.
- 2| Someone begins a "proverb" by saying one word
- 3 The person next to them continues the "proverb" with another word.
- 4| Keep moving around the circle until the proverb feels complete, at which point everyone taps their fingers together and says "yesyesyesyesyes..."

#### INSTRUCTIONS



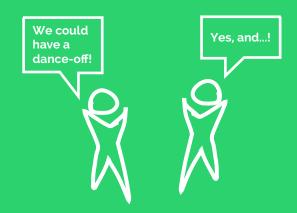
- 1 Circle up.
- 2| Someone begins a "proverb" by saying one word.
- 3 The person next to them continues the "proverb" with another word.
- 4| Keep moving around the circle until the proverb feels complete, at which point everyone taps their fingers together and says "yesyesyesyesyes..."

#### **INSTRUCTIONS**



- 1 Circle up.
- 2| Someone begins a "proverb" by saying one word.
- 3 The person next to them continues the "proverb" with another word.
- 4| Keep moving around the circle until the proverb feels complete, at which point everyone taps their fingers together and says "yesyesyesyesyes..."



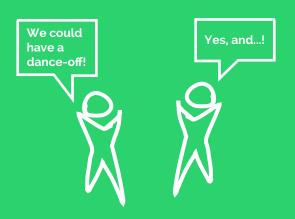


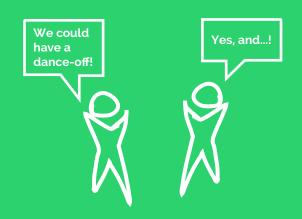
**COMMUNICATE MINDSET + BOOST ENERGY** 

**COMMUNICATE MINDSET + BOOST ENERGY** 

3. YES, AND...

3. YES, AND...





#### # of PEOPLE



- 1 Partner up.
- 2| Facilitator introduces a theme (e.g. party or vacation planning).
- 3 Partner A suggests an idea within the theme.
- 4 Partner B builds on that idea, starting their sentence with "Yes, and..."
- 5| Partners continue to build off each other until time is up!

#### **INSTRUCTIONS**

#### # of PEOPLE



- 1 Partner up.
- 2| Facilitator introduces a theme (e.g. party or vacation planning).
- 3 Partner A suggests an idea within the theme.
- 4 Partner B builds on that idea, starting their sentence with "Yes, and..."
- 5 Partners continue to build off each other until time is up!

#### **INSTRUCTIONS**

#### # of PEOPLE



- 1 Partner up.
- 2| Facilitator introduces a theme (e.g. party or vacation planning).
- 3 Partner A suggests an idea within the theme.
- 4 Partner B builds on that idea, starting their sentence with "Yes. and..."
- 5| Partners continue to build off each other until time is up!

#### **INSTRUCTIONS**

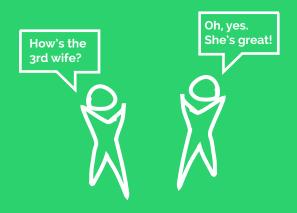
#### # of PEOPLE



- 1 Partner up.
- 2| Facilitator introduces a theme (e.g. party or vacation planning).
- 3 Partner A suggests an idea within the theme.
- 4 Partner B builds on that idea, starting their sentence with "Yes, and..."
- 5| Partners continue to build off each other until time is up!

#### 4. LONG LOST FRIENDS

#### 4. LONG LOST FRIENDS



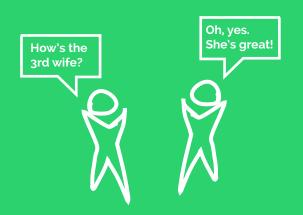


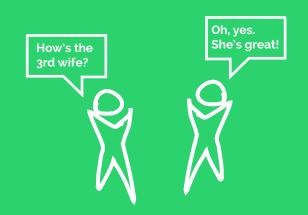
**NURTURE CAMARADERIE + BOOST ENERGY** 

**NURTURE CAMARADERIE + BOOST ENERGY** 

#### 4. LONG LOST FRIENDS

#### 4. LONG LOST FRIENDS





**NURTURE CAMARADERIE + BOOST ENERGY** 

**NURTURE CAMARADERIE + BOOST ENERGY** 



Everyone wanders around and people stop to greet a partner according to a scenario that the facilitator calls out. The facilitator calls out...

- 1 Your partner is a long-lost friend.
- 2| You're 70% sure your partner is famous.
- 3 You shared an awkward first date last week with your partner.
- 4 Make up your own!

#### **INSTRUCTIONS**



Everyone wanders around and people stop to greet a partner according to a scenario that the facilitator calls out. The facilitator calls out...

- 1 Your partner is a long-lost friend.
- 2 You're 70% sure your partner is famous.
- 3 You shared an awkward first date last week with your partner.
- 4 Make up your own!

#### **INSTRUCTIONS**



Everyone wanders around and people stop to greet a partner according to a scenario that the facilitator calls out...

- 1 Your partner is a long-lost friend.
- 2 You're 70% sure your partner is famous.
- 3 You shared an awkward first date last week with your partner.
- 4 Make up your own!

#### **INSTRUCTIONS**

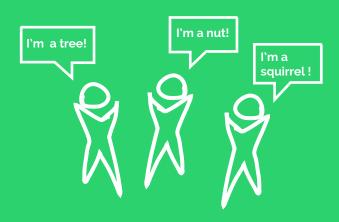


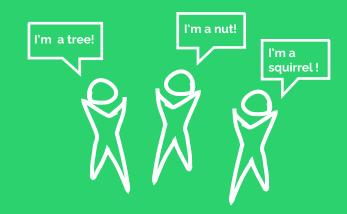
Everyone wanders around and people stop to greet a partner according to a scenario that the facilitator calls out. The facilitator calls out...

- 1 Your partner is a long-lost friend.
- 2 You're 70% sure your partner is famous.
- 3 You shared an awkward first date last week with your partner.
- 4 Make up your own!

## 5. I'M A TREE

## 5. I'M A TREE



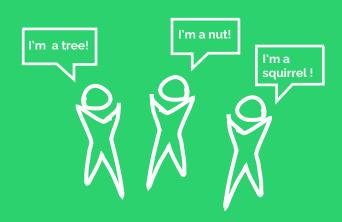


**CREATE FOCUS** 

**CREATE FOCUS** 

## 5. I'M A TREE

## 5. I'M A TREE





# # of PEOPLE

- 1 Circle up.
- 2 | Someone goes to center and says "I'm a tree!" and impersonates a tree.
- 3| Another person joins the tree and says "I'm a nut!" and impersonates a nut.
- 4 A third participant enters and says "I'm a squirrel!" and impersonates a squirrel.
- 5| The tree and nut exit the scene, and two new people enter, building a new scene around the squirrel (that might have nothing to do with trees or nuts!)
- 6 | Continue until everyone has participated!

#### **INSTRUCTIONS**



- 1 Circle up.
- 2 | Someone goes to center and says "I'm a tree!" and impersonates a tree.
- 3 Another person joins the tree and says "I'm a nut!" and impersonates a nut.
- 4 A third participant enters and says "I'm a squirrel!" and impersonates a squirrel.
- 5| The tree and nut exit the scene, and two new people enter, building a new scene around the squirrel (that might have nothing to do with trees or nuts!)
- 6 Continue until everyone has participated!

#### **INSTRUCTIONS**



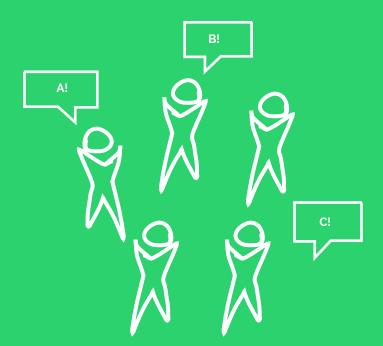
- 1 Circle up.
- 2 | Someone goes to center and says "I'm a tree!" and impersonates a tree.
- 3 Another person joins the tree and says "I'm a nut!" and impersonates a nut.
- 4 A third participant enters and says "I'm a squirrel!" and impersonates a squirrel.
- 5| The tree and nut exit the scene, and two new people enter, building a new scene around the squirrel (that might have nothing to do with trees or nuts!)
- 6 | Continue until everyone has participated!

#### **INSTRUCTIONS**



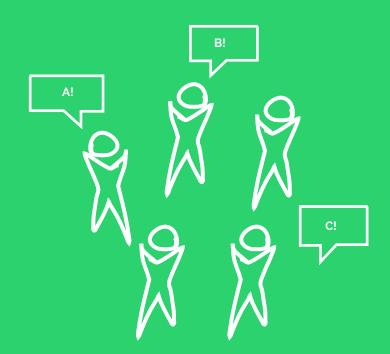
- 1 Circle up.
- 2 | Someone goes to center and says "I'm a tree!" and impersonates a tree.
- 3 Another person joins the tree and says "I'm a nut!" and impersonates a nut.
- 4 A third participant enters and says "I'm a squirrel!" and impersonates a squirrel.
- 5 The tree and nut exit the scene, and two new people enter, building a new scene around the squirrel (that might have nothing to do with trees or nuts!)
- 6 Continue until everyone has participated!

#### **6. ALPHABET SOUP**



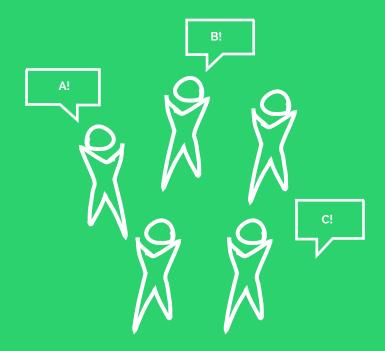
**NURTURE CAMARADERIE + CREATE FOCUS** 

#### **6. ALPHABET SOUP**

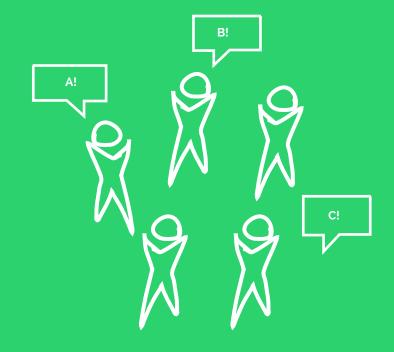


**NURTURE CAMARADERIE + CREATE FOCUS** 

#### 6. ALPHABET SOUP



#### 6. ALPHABET SOUP



**NURTURE CAMARADERIE + CREATE FOCUS** 

**NURTURE CAMARADERIE + CREATE FOCUS** 

#### # of PEOPLE

0 15-30

- 1| Someone shouts out the letter "A."
- 2| The group attempts to progress through the alphabet at random, one letter at a time, without the same letter being shouted at once.
- 3| If the same letter is shouted at once by multiple people, you start over at "A"!
- 4| See if you can get the whole alphabet! If that's too easy, see how high you can get using numbers!

#### **INSTRUCTIONS**

#### # of PEOPLE

o 15-30 ∞

- 1| Someone shouts out the letter "A."
- 2| The group attempts to progress through the alphabet at random, one letter at a time, without the same letter being shouted at once.
- 3| If the same letter is shouted at once by multiple people, you start over at "A"!
- 4| See if you can get the whole alphabet! If that's too easy, see how high you can get using numbers!

#### **INSTRUCTIONS**

#### # of PEOPLE

o 15-30 ∞

- 1| Someone shouts out the letter "A."
- 2 The group attempts to progress through the alphabet at random, one letter at a time, without the same letter being shouted at once.
- 3| If the same letter is shouted at once by multiple people, you start over at "A"!
- 4| See if you can get the whole alphabet! If that's too easy, see how high you can get using numbers!

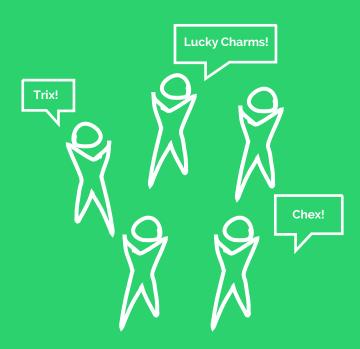
#### **INSTRUCTIONS**

#### # of PEOPLE



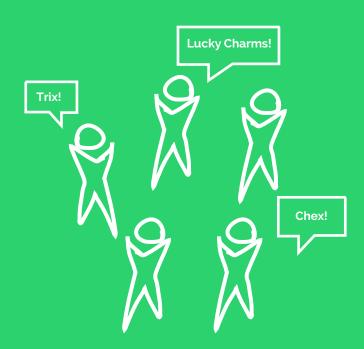
- 1 Someone shouts out the letter "A."
- 2 The group attempts to progress through the alphabet at random, one letter at a time, without the same letter being shouted at once.
- 3| If the same letter is shouted at once by multiple people, you start over at "A"!
- 4| See if you can get the whole alphabet! If that's too easy, see how high you can get using numbers!

# 7. CATEGORY, CATEGORY, DIE!



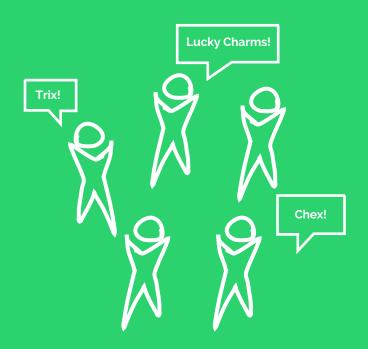
**CREATE FOCUS + BOOST ENERGY** 

# 7. CATEGORY, CATEGORY, DIE!



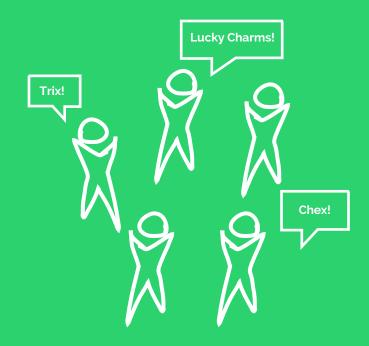
**CREATE FOCUS + BOOST ENERGY** 

# 7. CATEGORY, CATEGORY, DIE!



**CREATE FOCUS + BOOST ENERGY** 

# 7. CATEGORY, CATEGORY, DIE!



**CREATE FOCUS + BOOST ENERGY** 

#### # of PEOPLE

0 2-20

1 Circle up.

2| Facilitator chooses a category (e.g. types of tree or cereal brands).

3| Go around the circle with each person giving an example from the category (e.g. Maple or Trix)

4| When someone can't think of one or repeats one that's been said, they're out!

Tip: Add another category moving in the opposite direction for an extra challenge!

#### **INSTRUCTIONS**

#### # of PEOPLE



1 Circle up.

2| Facilitator chooses a category (e.g. types of tree or cereal brands).

3| Go around the circle with each person giving an example from the category (e.g. Maple or Trix)

4| When someone can't think of one or repeats one that's been said, they're out!

Tip: Add another category moving in the opposite direction for an extra challenge!

#### **INSTRUCTIONS**

#### # of PEOPLE



1 Circle up.

2| Facilitator chooses a category (e.g. types of tree or cereal brands).

3 Go around the circle with each person giving an example from the category (e.g. Maple or Trix)

4| When someone can't think of one or repeats one that's been said, they're out!

Tip: Add another category moving in the opposite direction for an extra challenge!

#### **INSTRUCTIONS**

#### # of PEOPLE



1 Circle up.

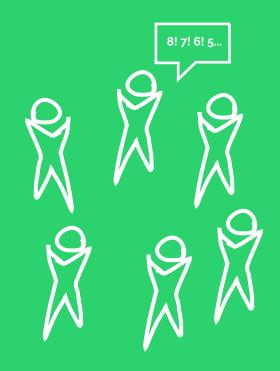
2| Facilitator chooses a category (e.g. types of tree or cereal brands).

3 Go around the circle with each person giving an example from the category (e.g. Maple or Trix)

4| When someone can't think of one or repeats one that's been said, they're out!

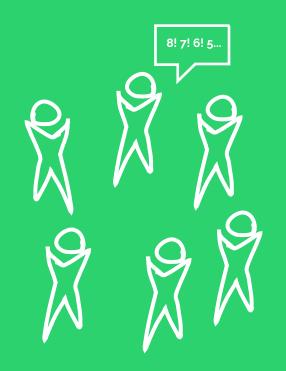
Tip: Add another category moving in the opposite direction for an extra challenge!

#### 8. THE SHAKE DOWN



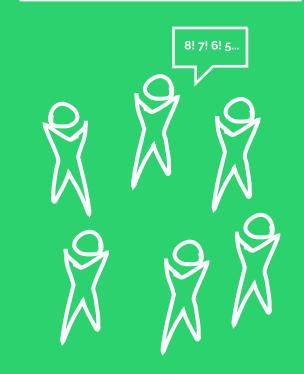
**BOOST ENERGY** 

#### 8. THE SHAKE DOWN



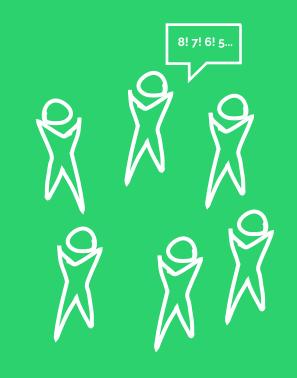
**BOOST ENERGY** 

#### 8. THE SHAKE DOWN



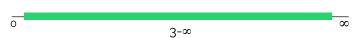
**BOOST ENERGY** 

#### 8. THE SHAKE DOWN



**BOOST ENERGY** 

#### # of PEOPLE



Facilitator says:

- 1 Everyone stand up!
- 2| Shake out your right arm 8 times, counting down from 8.
- 3| Shake out your left arm 8 times, counting down from 8.
- 4| Shake out your right leg 8 times, counting down from 8.
- 5| Shake out your left leg 8 times, counting down from 8.
- 5| Repeat the progression for 7, then 6, then 5, 4, 3, 2, 1!

#### **INSTRUCTIONS**

#### # of PEOPLE



Facilitator says:

- 1| Everyone stand up!
- 2| Shake out your right arm 8 times, counting down from 8.
- 3| Shake out your left arm 8 times, counting down from 8.
- 4| Shake out your right leg 8 times, counting down from 8.
- 5| Shake out your left leg 8 times, counting down from 8.
- 5| Repeat the progression for 7, then 6, then 5, 4, 3, 2, 1!

#### **INSTRUCTIONS**

#### # of PEOPLE



Facilitator says:

- 1| Everyone stand up!
- 2| Shake out your right arm 8 times, counting down from 8.
- 3 | Shake out your left arm 8 times, counting down from 8.
- 4| Shake out your right leg 8 times, counting down from 8.
- 5| Shake out your left leg 8 times, counting down from 8.
- 5| Repeat the progression for 7, then 6, then 5, 4, 3, 2, 1!

#### **INSTRUCTIONS**

#### # of PEOPLE

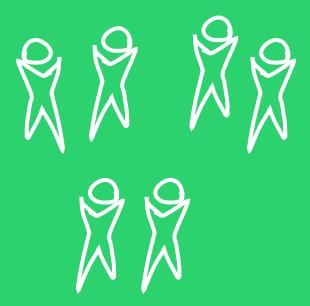


Facilitator says:

- 1 Everyone stand up!
- 2| Shake out your right arm 8 times, counting down from 8.
- 3 | Shake out your left arm 8 times, counting down from 8.
- 4| Shake out your right leg 8 times, counting down from 8.
- 5| Shake out your left leg 8 times, counting down from 8.
- 5 | Repeat the progression for 7, then 6, then 5, 4, 3, 2, 1!

#### 9. ROCK-PAPER-SCISSORS WAR

#### 9. ROCK-PAPER-SCISSORS WAR



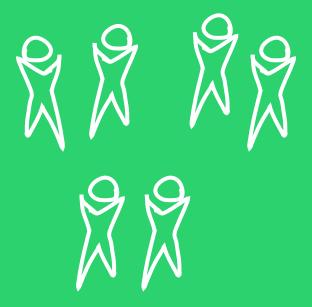


BOOST ENERGY + NURTURE CAMARADERIE

**BOOST ENERGY + NURTURE CAMARADERIE** 

#### 9. ROCK-PAPER-SCISSORS WAR

#### 9. ROCK-PAPER-SCISSORS WAR





**BOOST ENERGY + NURTURE CAMARADERIE** 

**BOOST ENERGY + NURTURE CAMARADERIE** 

# # of PEOPLE 10-50

- 1| Partner up.
- 2 Play rock-paper-scissors.
- 3| Winner moves on to challenge another winner; loser becomes winner's biggest fan and must cheer as loudly as they can in subsequent rounds.
- 4| Continue until you have half the group on each side for the final match!

Tip: agree on rules of rock-paper-scissors before you start!

#### **INSTRUCTIONS**





- 1 Partner up.
- 2 Play rock-paper-scissors.
- 3| Winner moves on to challenge another winner; loser becomes winner's biggest fan and must cheer as loudly as they can in subsequent rounds.
- 4| Continue until you have half the group on each side for the final match!

Tip: agree on rules of rock-paper-scissors before you start!

#### **INSTRUCTIONS**

#### # of PEOPLE



- 1 Partner up.
- 2 Play rock-paper-scissors.
- 3| Winner moves on to challenge another winner; loser becomes winner's biggest fan and must cheer as loudly as they can in subsequent rounds.
- 4 Continue until you have half the group on each side for the final match!

Tip: agree on rules of rock-paper-scissors before you start!

#### **INSTRUCTIONS**

#### # of PEOPLE



- 1 Partner up.
- 2 Play rock-paper-scissors.
- 3| Winner moves on to challenge another winner; loser becomes winner's biggest fan and must cheer as loudly as they can in subsequent rounds.
- 4 Continue until you have half the group on each side for the final match!

Tip: agree on rules of rock-paper-scissors before you start!

#### 10. LEMONADE

#### 10. LEMONADE





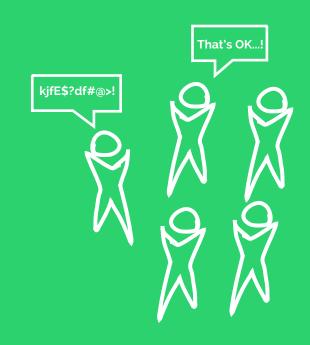
**BOOST ENERGY + NURTURE CAMARADERIE** 

**BOOST ENERGY + NURTURE CAMARADERIE** 

#### 10. LEMONADE

#### 10. LEMONADE





**BOOST ENERGY + NURTURE CAMARADERIE** 

**BOOST ENERGY + NURTURE CAMARADERIE** 

## # of PEOPLE

1 Circle up.

- 2| Someone states a "lemon" a bummer about their day or week (e.g. "I spilled coffee on my pants this morning").
- 3| The next person turns that into "lemonade" by looking on the bright side (e.g. "But now you have a great new pattern on your pants!").
- 4| The next person states a new "lemon," and the cycle continues around the circle.

#### **INSTRUCTIONS**

#### # of PEOPLE



1 Circle up.

- 2| Someone states a "lemon" a bummer about their day or week (e.g. "I spilled coffee on my pants this morning").
- 3 The next person turns that into "lemonade" by looking on the bright side (e.g. "But now you have a great new pattern on your pants!").
- 4 The next person states a new "lemon," and the cycle continues around the circle.

#### **INSTRUCTIONS**

#### # of PEOPLE



1 Circle up.

- 2| Someone states a "lemon" a bummer about their day or week (e.g. "I spilled coffee on my pants this morning").
- 3| The next person turns that into "lemonade" by looking on the bright side (e.g. "But now you have a great new pattern on your pants!").
- 4 The next person states a new "lemon," and the cycle continues around the circle.

#### **INSTRUCTIONS**

#### # of PEOPLE

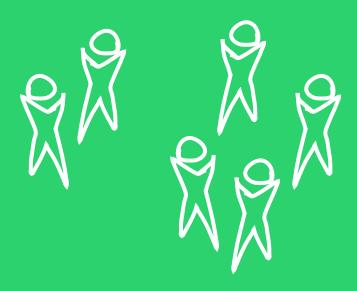


1 Circle up.

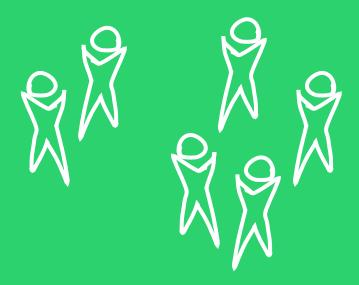
- 2| Someone states a "lemon" a bummer about their day or week (e.g. "I spilled coffee on my pants this morning").
- 3 The next person turns that into "lemonade" by looking on the bright side (e.g. "But now you have a great new pattern on your pants!").
- 4| The next person states a new "lemon," and the cycle continues around the circle.

# 11. ACCELERATING INTRODUCTIONS

# 11. ACCELERATING INTRODUCTIONS



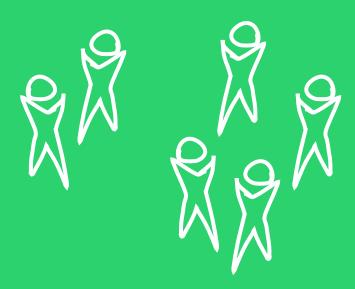
**BOOST ENERGY + GET PERSONAL** 



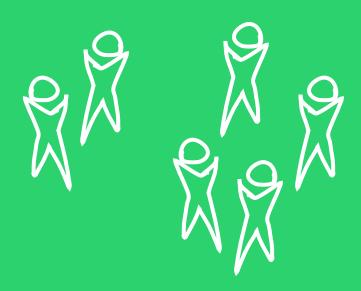
**BOOST ENERGY + GET PERSONAL** 

# 11. ACCELERATING INTRODUCTIONS

# 11. ACCELERATING INTRODUCTIONS



**BOOST ENERGY + GET PERSONAL** 



**BOOST ENERGY + GET PERSONAL** 

#### # of PEOPLE



- 1 Partner up.
- 2 Partners introduce themselves to each other in 2 minutes.
- 3| Pair up with another pair.
- 4 In 1 minute <u>total</u>, everyone introduces their partner to the group of 4.
- 5 Pair up with another quad.
- 6 In 30 seconds <u>total</u>, everyone introduces their partner to the group of 8.
- 7| Continue doubling the group size and halving the time until you have one big group and not enough time!

#### **INSTRUCTIONS**

#### # of PEOPLE



- 1 Partner up.
- 2 Partners introduce themselves to each other in 2 minutes.
- 3 Pair up with another pair.
- 4 In 1 minute <u>total</u>, everyone introduces their partner to the group of 4.
- 5 Pair up with another quad.
- 6 In 30 seconds <u>total</u>, everyone introduces their partner to the group of 8.
- 7| Continue doubling the group size and halving the time until you have one big group and not enough time!

#### **INSTRUCTIONS**

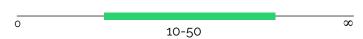
#### # of PEOPLE



- 1 Partner up.
- 2 Partners introduce themselves to each other in 2 minutes.
- 3 Pair up with another pair.
- 4 In 1 minute <u>total</u>, everyone introduces their partner to the group of 4.
- 5 Pair up with another quad.
- 6 In 30 seconds <u>total</u>, everyone introduces their partner to the group of 8.
- 7| Continue doubling the group size and halving the time until you have one big group and not enough time!

#### **INSTRUCTIONS**

#### # of PEOPLE



- 1 Partner up.
- 2 Partners introduce themselves to each other in 2 minutes.
- 3 Pair up with another pair.
- 4 In 1 minute <u>total</u>, everyone introduces their partner to the group of 4.
- 5 Pair up with another quad.
- 6 In 30 seconds <u>total</u>, everyone introduces their partner to the group of 8.
- 7| Continue doubling the group size and halving the time until you have one big group and not enough time!

## 12. BLIND DISCO

## 12. BLIND DISCO







**BOOST ENERGY** 



**BOOST ENERGY** 

## 12. BLIND DISCO







**BOOST ENERGY** 

## 12. BLIND DISCO







**BOOST ENERGY** 

# # of PEOPLE

- 1| Everyone closes their eyes.
- 2| Facilitator plays a funky jam.
- 3| Everyone dances like no one is watching because no one is!

## **INSTRUCTIONS**



- 1 Everyone closes their eyes.
- 2| Facilitator plays a funky jam.
- 3| Everyone dances like no one is watching because no one is!

#### **INSTRUCTIONS**



- 1| Everyone closes their eyes.
- 2 Facilitator plays a funky jam.
- 3| Everyone dances like no one is watching because no one is!

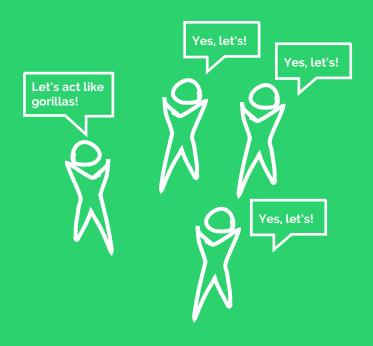
#### **INSTRUCTIONS**

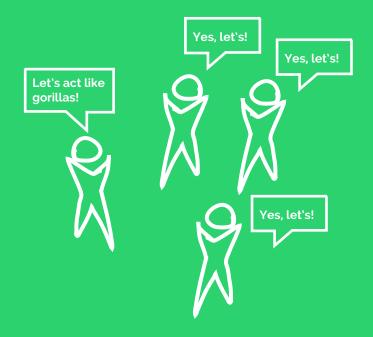


- 1 Everyone closes their eyes.
- 2| Facilitator plays a funky jam.
- 3| Everyone dances like no one is watching because no one is!

# 13. YES, LET'S!

# 13. YES, LET'S!





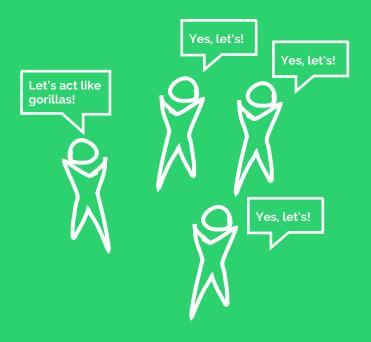
COMMUNICATE MINDSET

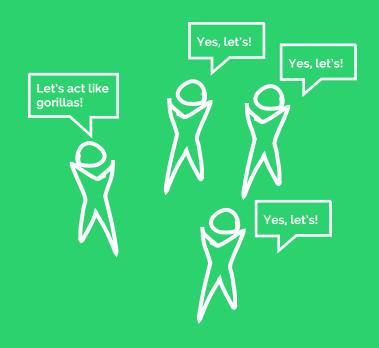
NURTURE CAMARADERIE COMMUNICATE MINDSET

NURTURE CAMARADERIE

13. YES, LET'S!

13. YES, LET'S!





COMMUNICATE MINDSET

NURTURE CAMARADERIE COMMUNICATE MINDSET

NURTURE CAMARADERIE

# of PEOPLE

0 4-20

1| Someone makes an offer to the group (e.g. "Let's be baby birds!" or "Let's act like we don't understand gravity!").

2| Everyone replies with "Yes, let's!" and then acts out the suggestion.

3 Anyone yells out the next offer at any time!

### **INSTRUCTIONS**

# of PEOPLE

o 4-20 ∞

1| Someone makes an offer to the group (e.g. "Let's be baby birds!" or "Let's act like we don't understand gravity!").

2| Everyone replies with "Yes, let's!" and then acts out the suggestion.

3 Anyone yells out the next offer at any time!

## **INSTRUCTIONS**

# of PEOPLE



1| Someone makes an offer to the group (e.g. "Let's be baby birds!" or "Let's act like we don't understand gravity!").

2| Everyone replies with "Yes, let's!" and then acts out the suggestion.

3 Anyone yells out the next offer at any time!

## **INSTRUCTIONS**

# of PEOPLE



1| Someone makes an offer to the group (e.g. "Let's be baby birds!" or "Let's act like we don't understand gravity!").

2| Everyone replies with "Yes, let's!" and then acts out the suggestion.

3 Anyone yells out the next offer at any time!

# 14. STORY SWAP

# 14. STORY SWAP



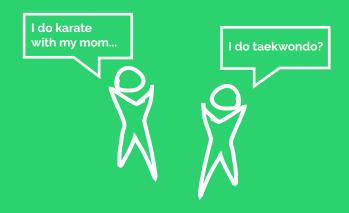


**GET PERSONAL** 

**GET PERSONAL** 

# 14. STORY SWAP

# 14. STORY SWAP





#### # of PEOPLE

o 4-40 ∞

- 1| Partner up.
- 2 Partner A tells Partner B a 30 second story about a recent experience of theirs.
- 3| Partner B retells Partner A's story in first person back to Partner A in 30 seconds.
- 4| Partner B tells partner A a 30 second story about a recent experience of theirs.
- 5| Partner A retells Partner B's story in first person but has 60 seconds so they must embellish!

### **INSTRUCTIONS**

#### # of PEOPLE



- 1 Partner up.
- 2 Partner A tells Partner B a 30 second story about a recent experience of theirs.
- 3 Partner B retells Partner A's story in first person back to Partner A in 30 seconds.
- 4| Partner B tells partner A a 30 second story about a recent experience of theirs.
- 5| Partner A retells Partner B's story in first person but has 60 seconds so they must embellish!

### **INSTRUCTIONS**

#### # of PEOPLE



- 1 Partner up.
- 2 Partner A tells Partner B a 30 second story about a recent experience of theirs.
- 3 Partner B retells Partner A's story in first person back to Partner A in 30 seconds.
- 4| Partner B tells partner A a 30 second story about a recent experience of theirs.
- 5| Partner A retells Partner B's story in first person but has 60 seconds so they must embellish!

# **INSTRUCTIONS**

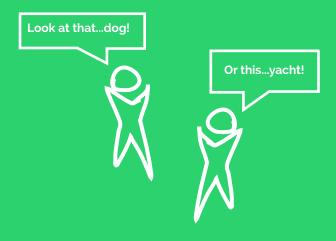
#### # of PEOPLE

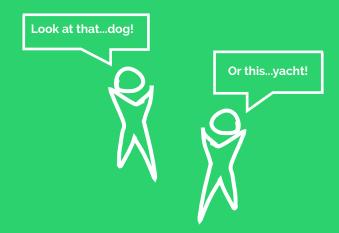


- 1 Partner up.
- 2 Partner A tells Partner B a 30 second story about a recent experience of theirs.
- 3 Partner B retells Partner A's story in first person back to Partner A in 30 seconds.
- 4| Partner B tells partner A a 30 second story about a recent experience of theirs.
- 5| Partner A retells Partner B's story in first person but has 60 seconds so they must embellish!

# 15. MISNAMER

# 15. MISNAMER





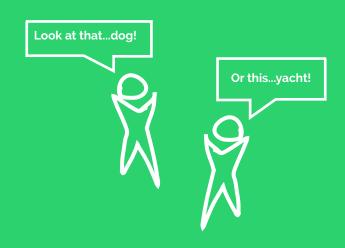
**CREATE FOCUS** 

**CREATE FOCUS** 

# 15. MISNAMER

# 15. MISNAMER





**CREATE FOCUS** 

**CREATE FOCUS** 

# # of PEOPLE 4-35

1 Partner up.

2| Walk around and switch off pointing at something and calling it anything BUT what it actually is (e.g. point at an eraser and say "Look, a pizza!").

# **INSTRUCTIONS**



1 Partner up.

2| Walk around and switch off pointing at something and calling it anything BUT what it actually is (e.g. point at an eraser and say "Look, a pizza!").

# **INSTRUCTIONS**



1 Partner up.

2| Walk around and switch off pointing at something and calling it anything BUT what it actually is (e.g. point at an eraser and say "Look, a pizza!").

# **INSTRUCTIONS**

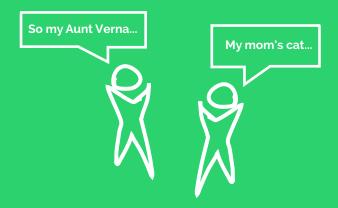


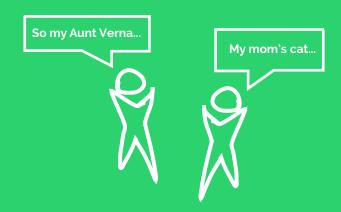
1 Partner up.

2| Walk around and switch off pointing at something and calling it anything BUT what it actually is (e.g. point at an eraser and say "Look, a pizza!").

# **16. ORIGIN STORY**

# **16. ORIGIN STORY**



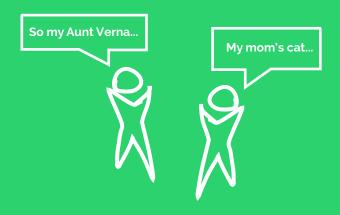


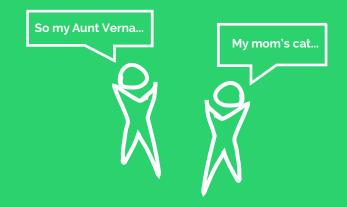
**GET PERSONAL** 

**GET PERSONAL** 

# **16. ORIGIN STORY**

### **16. ORIGIN STORY**





# # of PEOPLE o 4-35

- 1 Partner up.
- 2| Each partner tells the story of how and why they got their name.
- 3| Pairs can share out stories with the group when time is up.

# **INSTRUCTIONS**



- 1 Partner up.
- 2| Each partner tells the story of how and why they got their name.
- 3 Pairs can share out stories with the group when time is up.

# **INSTRUCTIONS**



- 1 Partner up.
- 2| Each partner tells the story of how and why they got their name.
- 3 Pairs can share out stories with the group when time is up.

# **INSTRUCTIONS**



- 1 Partner up.
- 2 Each partner tells the story of how and why they got their name.
- 3| Pairs can share out stories with the group when time is up.

# 17. NAME TAG

# 17. NAME TAG



**NURTURE CAMARADERIE** 

**NURTURE CAMARADERIE** 

# 17. NAME TAG

# 17. NAME TAG





**NURTURE CAMARADERIE** 

**NURTURE CAMARADERIE** 

#### # of PEOPLE

o 4-8

- 1 Circle up (shoulder to shoulder!).
- 2 One person volunteers to be "it" and steps to the middle of the circle.
- 3| Someone calls out the name of someone else in the circle.
- 4| Person in middle must tag the person whose name was called before that person says someone else's name.
- 5| This continues until the "it" person tags someone before they can name someone else. When they do, they switch places.

## **INSTRUCTIONS**

#### # of PEOPLE

4-8

- 1 Circle up (shoulder to shoulder!).
- 2 One person volunteers to be "it" and steps to the middle of the circle.
- 3| Someone calls out the name of someone else in the circle.
- 4| Person in middle must tag the person whose name was called before that person says someone else's name.
- 5| This continues until the "it" person tags someone before they can name someone else. When they do, they switch places.

### **INSTRUCTIONS**

#### # of PEOPLE

o 4-8

- 1 Circle up (shoulder to shoulder!).
- 2 One person volunteers to be "it" and steps to the middle of the circle.
- 3| Someone calls out the name of someone else in the circle.
- 4| Person in middle must tag the person whose name was called before that person says someone else's name.
- 5| This continues until the "it" person tags someone before they can name someone else. When they do, they switch places.

### **INSTRUCTIONS**

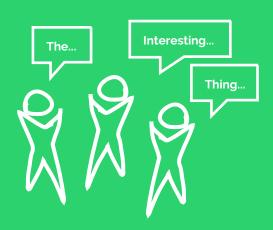
#### # of PEOPLE

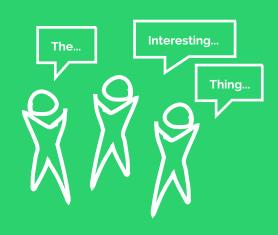
0 4-8

- 1 Circle up (shoulder to shoulder!).
- 2 One person volunteers to be "it" and steps to the middle of the circle.
- 3| Someone calls out the name of someone else in the circle.
- 4| Person in middle must tag the person whose name was called before that person says someone else's name.
- 5| This continues until the "it" person tags someone before they can name someone else. When they do, they switch places.

# **18. THREE-HEADED EXPERT**

# **18. THREE-HEADED EXPERT**





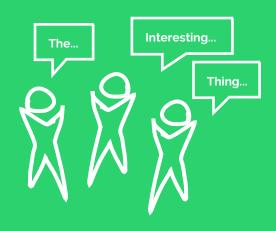
COMMUNICATE MINDSET

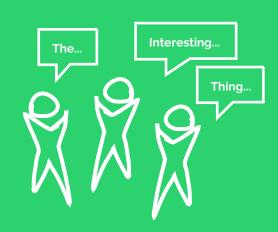
NURTURE + CAMARADERIE COMMUNICATE MINDSET

NURTURE + CAMARADERIE

# **18. THREE-HEADED EXPERT**

# **18. THREE-HEADED EXPERT**





#### # of PEOPLE

0 10-20

1 Identify three people to be your "three-headed expert."

2 Identify two things in the room (e.g. skateboard and iPad).

3| The three-headed expert now shares their expertise on "skateboard-iPads" one word at a time!

# **INSTRUCTIONS**

#### # of PEOPLE

0 10-20 ∞

1 Identify three people to be your "three-headed expert."

2 Identify two things in the room (e.g. skateboard and iPad).

3| The three-headed expert now shares their expertise on "skateboard-iPads" one word at a time!

### **INSTRUCTIONS**

#### # of PEOPLE

o 10-20 ∞

1 Identify three people to be your "three-headed expert."

2 Identify two things in the room (e.g. skateboard and iPad).

3| The three-headed expert now shares their expertise on "skateboard-iPads" one word at a time!

# **INSTRUCTIONS**

#### # of PEOPLE



1 Identify three people to be your "three-headed expert."

2 Identify two things in the room (e.g. skateboard and iPad).

3| The three-headed expert now shares their expertise on "skateboard-iPads" one word at a time!

# 19. FAIL TEST

# 19. FAIL TEST



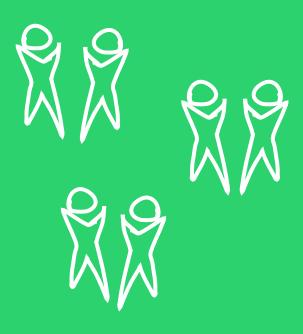


**NURTURE CAMARADERIE** 

**NURTURE CAMARADERIE** 

19. FAIL TEST

19. FAIL TEST





**NURTURE CAMARADERIE** 

**NURTURE CAMARADERIE** 

#### # of PEOPLE



1 Partner up.

2| Round One: Each pair counts to 3, switching off saying each number. "1," "2," "3," "1,"... Go as fast as you can!

3| Round Two: Same as Round One but replace your 1's with claps!

4| Round Three: Same as Round Two but replace your 2's with snaps!

5| Round Four: Same as Round Three but replace your 3's with stomps!

Tip: Encourage participants to cheer when they mess up!

## **INSTRUCTIONS**

#### # of PEOPLE



1 Partner up.

2 Round One: Each pair counts to 3, switching off saying each number. "1," "2," "3," "1,"... Go as fast as you can!

3| Round Two: Same as Round One but replace your 1's with claps!

4| Round Three: Same as Round Two but replace your 2's with snaps!

5| Round Four: Same as Round Three but replace your 3's with stomps!

Tip: Encourage participants to cheer when they mess up!

### **INSTRUCTIONS**

#### # of PEOPLE



1 Partner up.

2| Round One: Each pair counts to 3, switching off saying each number. "1," "2," "3," "1,"... Go as fast as you can!

3| Round Two: Same as Round One but replace your 1's with claps!

4| Round Three: Same as Round Two but replace your 2's with snaps!

5| Round Four: Same as Round Three but replace your 3's with stomps!

Tip: Encourage participants to cheer when they mess up!

## **INSTRUCTIONS**

#### # of PEOPLE



1 Partner up.

2 Round One: Each pair counts to 3, switching off saying each number. "1," "2," "3," "1,"... Go as fast as you can!

3| Round Two: Same as Round One but replace your 1's with claps!

4| Round Three: Same as Round Two but replace your 2's with snaps!

5| Round Four: Same as Round Three but replace your 3's with stomps!

Tip: Encourage participants to cheer when they mess up!

### 20. REMEMBER WHEN...?

### 20. REMEMBER WHEN...?





**BOOST ENERGY + NURTURE CAMARADERIE** 

**BOOST ENERGY + NURTURE CAMARADERIE** 

### 20. REMEMBER WHEN...?

### 20. REMEMBER WHEN...?





**BOOST ENERGY + NURTURE CAMARADERIE** 

**BOOST ENERGY + NURTURE CAMARADERIE** 

#### # of PEOPLE

o 10-40

- 1 Partner up.
- 2| Partner A begins with "Remember when..." and then states the beginning of a (fake) shared memory (e.g. "...we drove to Santa Cruz?").
- 3| Partner B builds on the memory with "Yeah, and then..." (e.g. "...we rented surfboards?").
- 4 Partners continue adding on to their "memory" until they're satisfied!

### INSTRUCTIONS

#### # of PEOPLE



- 1 Partner up.
- 2| Partner A begins with "Remember when..." and then states the beginning of a (fake) shared memory (e.g. "...we drove to Santa Cruz?").
- 3 Partner B builds on the memory with "Yeah, and then..." (e.g. "...we rented surfboards?").
- 4 Partners continue adding on to their "memory" until they're satisfied!

### **INSTRUCTIONS**

#### # of PEOPLE



- 1 Partner up.
- 2| Partner A begins with "Remember when..." and then states the beginning of a (fake) shared memory (e.g. "...we drove to Santa Cruz?").
- 3 | Partner B builds on the memory with "Yeah, and then..." (e.g. "...we rented surfboards?").
- 4 Partners continue adding on to their "memory" until they're satisfied!

# **INSTRUCTIONS**

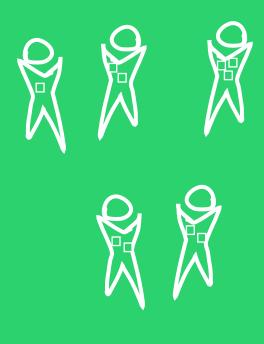
#### # of PEOPLE

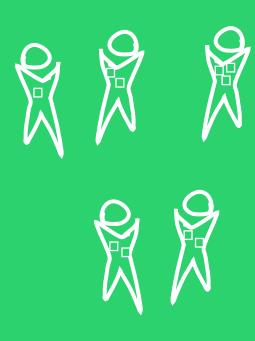


- 1 Partner up.
- 2| Partner A begins with "Remember when..." and then states the beginning of a (fake) shared memory (e.g. "...we drove to Santa Cruz?").
- 3 Partner B builds on the memory with "Yeah, and then..." (e.g. "...we rented surfboards?").
- 4 Partners continue adding on to their "memory" until they're satisfied!

# 21. HOW ARE YOU, REALLY?

# 21. HOW ARE YOU, REALLY?



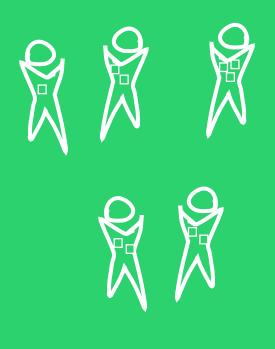


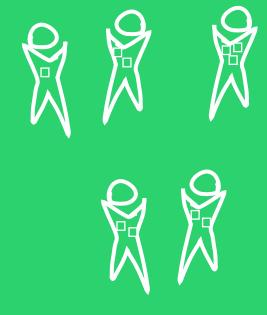
**GET PERSONAL** 

#### **GET PERSONAL**

# 21. HOW ARE YOU, REALLY?

## 21. HOW ARE YOU, REALLY?





GET PERSONAL GET PERSONAL

#### # of PEOPLE



- 1 Everyone gets post-its and a Sharpie.
- 2| Facilitator asks the group "How are you, really?"
- 3| Each person writes their answers on post-its and sticks them to their shirts (e.g. tired, anxious, excited, thirsty, etc.).
- 4| Everyone mingles, discussing stickies that prompt conversation.

### **INSTRUCTIONS**

#### # of PEOPLE



- 1 Everyone gets post-its and a Sharpie.
- 2| Facilitator asks the group "How are you, really?"
- 3| Each person writes their answers on post-its and sticks them to their shirts (e.g. tired, anxious, excited, thirsty, etc.).
- 4| Everyone mingles, discussing stickies that prompt conversation.

### **INSTRUCTIONS**

#### # of PEOPLE



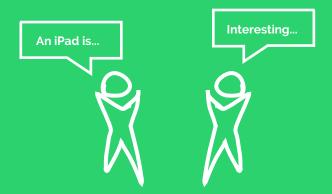
- 1| Everyone gets post-its and a Sharpie.
- 2| Facilitator asks the group "How are you, really?"
- 3| Each person writes their answers on post-its and sticks them to their shirts (e.g. tired, anxious, excited, thirsty, etc.).
- 4| Everyone mingles, discussing stickies that prompt conversation.

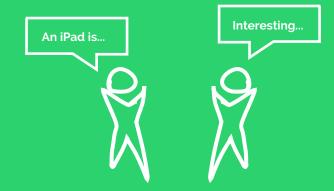
# **INSTRUCTIONS**

#### # of PEOPLE



- 1| Everyone gets post-its and a Sharpie.
- 2| Facilitator asks the group "How are you, really?"
- 3| Each person writes their answers on post-its and sticks them to their shirts (e.g. tired, anxious, excited, thirsty, etc.).
- 4| Everyone mingles, discussing stickies that prompt conversation.



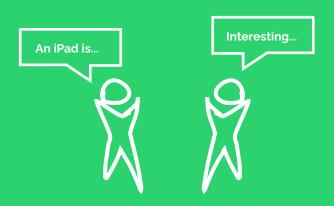


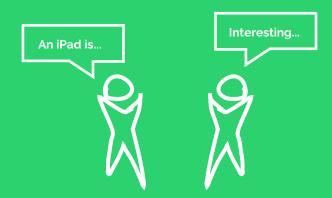
**COMMUNICATE MINDSET** 

**COMMUNICATE MINDSET** 

22. 1713

22. 1713





#### # of PEOPLE

o 8-20

- 1 Partner up.
- 2| Partner A is from the year 1713 and knows nothing about today's world or technologies. Partner B is him/herself.
- 3| Facilitator states a product or concept from present day and Partner B attempts to explain it to Partner A in 5 minutes.
- 4| Roles reverse and a new product or concept is given: Partner A attempts to explain to Partner B in 5 minutes.

### **INSTRUCTIONS**

#### # of PEOPLE



- 1 Partner up.
- 2| Partner A is from the year 1713 and knows nothing about today's world or technologies. Partner B is him/herself.
- 3| Facilitator states a product or concept from present day and Partner B attempts to explain it to Partner A in 5 minutes.
- 4 Roles reverse and a new product or concept is given: Partner A attempts to explain to Partner B in 5 minutes.

### **INSTRUCTIONS**

#### # of PEOPLE



- 1 Partner up.
- 2 Partner A is from the year 1713 and knows nothing about today's world or technologies. Partner B is him/herself.
- 3| Facilitator states a product or concept from present day and Partner B attempts to explain it to Partner A in 5 minutes.
- 4 Roles reverse and a new product or concept is given: Partner A attempts to explain to Partner B in 5 minutes.

# **INSTRUCTIONS**

#### # of PEOPLE



- 1 Partner up.
- 2 Partner A is from the year 1713 and knows nothing about today's world or technologies. Partner B is him/herself.
- 3 | Facilitator states a product or concept from present day and Partner B attempts to explain it to Partner A in 5 minutes.
- 4 Roles reverse and a new product or concept is given: Partner A attempts to explain to Partner B in 5 minutes.

# 23. RAPID FIRE TEAMS

# 23. RAPID FIRE TEAMS





**BOOST ENERGY + NURTURE CAMARADERIE** 

**BOOST ENERGY + NURTURE CAMARADERIE** 

# 23. RAPID FIRE TEAMS

# 23. RAPID FIRE TEAMS





**BOOST ENERGY + NURTURE CAMARADERIE** 

**BOOST ENERGY + NURTURE CAMARADERIE** 

# of PEOPLE

0 12-40

Everyone mingles and creates shared experiences with multiple partners in multiple rounds:

- 1 Make a secret handshake with your partner.
- 2 Make up a nickname for a new partner.
- 3| Make up a life motto together with a new partner (perhaps speaking one word at a time each?).
- 4 Make up your own!

Everyone mingles afterward, until facilitator says "Go find your nickname partner!" or "Go find your handshake partner!" and pairs share out their creations.

## **INSTRUCTIONS**

# of PEOPLE

o 12-40

Everyone mingles and creates shared experiences with multiple partners in multiple rounds:

- 1 Make a secret handshake with your partner.
- 2 Make up a nickname for a new partner.
- 3| Make up a life motto together with a new partner (perhaps speaking one word at a time each?).
- 4| Make up your own!

Everyone mingles afterward, until facilitator says "Go find your nickname partner!" or "Go find your handshake partner!" and pairs share out their creations.

### INSTRUCTIONS

# of PEOPLE



Everyone mingles and creates shared experiences with multiple partners in multiple rounds:

- 1 Make a secret handshake with your partner.
- 2 Make up a nickname for a new partner.
- 3| Make up a life motto together with a new partner (perhaps speaking one word at a time each?).
- 4 Make up your own!

Everyone mingles afterward, until facilitator says "Go find your nickname partner!" or "Go find your handshake partner!" and pairs share out their creations.

## **INSTRUCTIONS**

# of PEOPLE

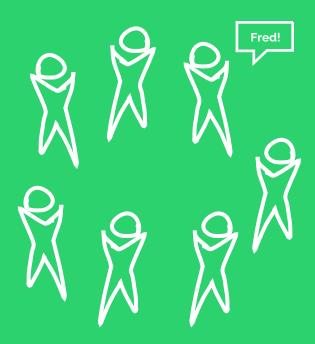


Everyone mingles and creates shared experiences with multiple partners in multiple rounds:

- 1 Make a secret handshake with your partner.
- 2 Make up a nickname for a new partner.
- 3| Make up a life motto together with a new partner (perhaps speaking one word at a time each?).
- 4 Make up your own!

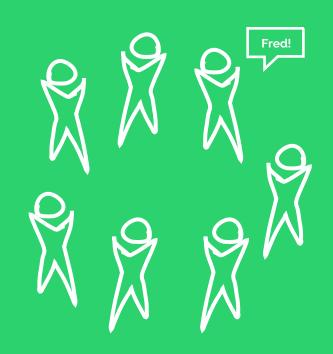
Everyone mingles afterward, until facilitator says "Go find your nickname partner!" or "Go find your handshake partner!" and pairs share out their creations.

# 24. GESTURE NAME GAME



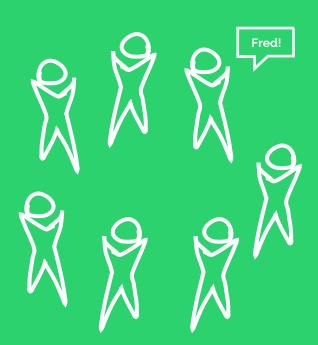
**GET PERSONAL** 

# 24. GESTURE NAME GAME



**GET PERSONAL** 

# 24. GESTURE NAME GAME



**GET PERSONAL** 

# 24. GESTURE NAME GAME



**GET PERSONAL** 

# # of PEOPLE 8-30

- 1 Circle up.
- 2| Each person states their name and accompanies it with a gesture or motion of their choice.
- 3| The group repeats each name and gesture/motion after each person. It's a fun remix of the traditional name game.

### **INSTRUCTIONS**



- 1 Circle up.
- 2| Each person states their name and accompanies it with a gesture or motion of their choice.
- 3| The group repeats each name and gesture/motion after each person. It's a fun remix of the traditional name game.

### **INSTRUCTIONS**



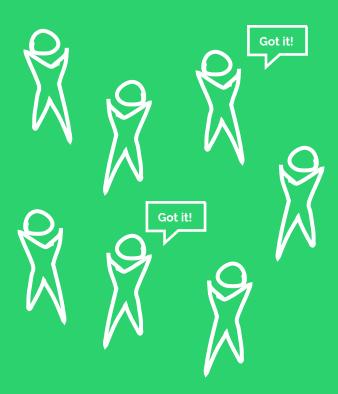
- 1 Circle up.
- 2| Each person states their name and accompanies it with a gesture or motion of their choice.
- 3 The group repeats each name and gesture/motion after each person. It's a fun remix of the traditional name game.

# **INSTRUCTIONS**



- 1 Circle up.
- 2| Each person states their name and accompanies it with a gesture or motion of their choice.
- 3| The group repeats each name and gesture/motion after each person. It's a fun remix of the traditional name game.

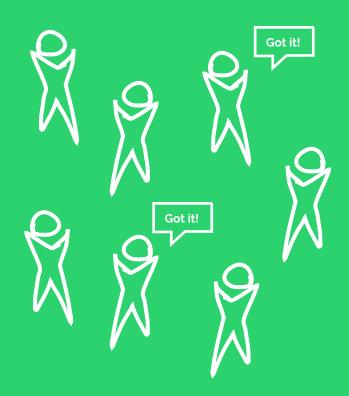
# **25. CONVERGENCE**



COMMUNICATE MINDSET

NURTURE CAMARADERIE

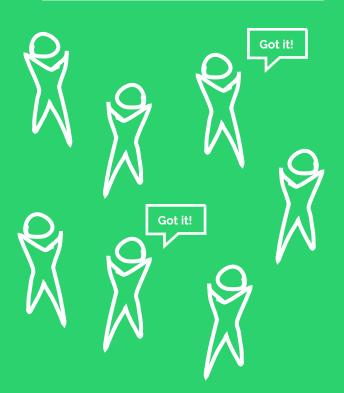
# **25. CONVERGENCE**



COMMUNICATE MINDSET

NURTURE CAMARADERIE

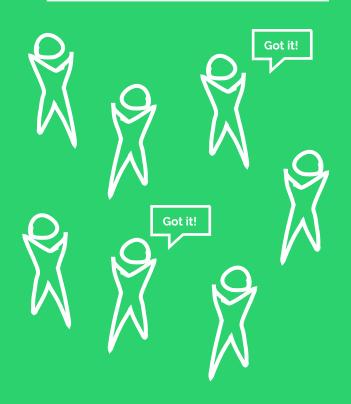
# 25. CONVERGENCE



COMMUNICATE MINDSET

NURTURE CAMARADERIE

# 25. CONVERGENCE



COMMUNICATE MINDSET

NURTURE CAMARADERIE

# of PEOPLE



The goal of this activity is to converge on a single word after starting with two random, unrelated words. To play:

1 Two people volunteer to start. They count down from 3 and then say one random word each.

2| The first two people who think of a word related to both previous words say "Got it!" and say their words simultaneously after counting down from 3.

3| Eventually, two people will say the same word, and the group has converged!

### **INSTRUCTIONS**

# of PEOPLE



The goal of this activity is to converge on a single word after starting with two random, unrelated words. To play:

1 Two people volunteer to start. They count down from 3 and then say one random word each.

2| The first two people who think of a word related to both previous words say "Got it!" and say their words simultaneously after counting down from 3.

3| Eventually, two people will say the same word, and the group has converged!

### **INSTRUCTIONS**

# of PEOPLE



The goal of this activity is to converge on a single word after starting with two random, unrelated words. To play:

1 Two people volunteer to start. They count down from 3 and then say one random word each.

2| The first two people who think of a word related to both previous words say "Got it!" and say their words simultaneously after counting down from 3.

3| Eventually, two people will say the same word, and the group has converged!

# **INSTRUCTIONS**

# of PEOPLE



The goal of this activity is to converge on a single word after starting with two random, unrelated words. To play:

1 Two people volunteer to start. They count down from 3 and then say one random word each.

2| The first two people who think of a word related to both previous words say "Got it!" and say their words simultaneously after counting down from 3.

3| Eventually, two people will say the same word, and the group has converged!

### **26. AWKWARD SILENCE**

### **26. AWKWARD SILENCE**









**GET PERSONAL + COMMUNICATE MINDSET** 

GET PERSONAL + COMMUNICATE MINDSET

### **26. AWKWARD SILENCE**

### **26. AWKWARD SILENCE**









**GET PERSONAL + COMMUNICATE MINDSET** 

GET PERSONAL + COMMUNICATE MINDSET

#### # of PEOPLE

- 1 Partner up.
- 2| Each pair stares into each other's eyes for 15 seconds.
- 3| Pairs now begin conversations (facilitator can choose topic), except they must wait 15 seconds before every response, during which they don't lose eye contact!

### **INSTRUCTIONS**

#### # of PEOPLE

o 6-20 ∞

- 1 Partner up.
- 2| Each pair stares into each other's eyes for 15 seconds.
- 3 Pairs now begin conversations (facilitator can choose topic), except they must wait 15 seconds before every response, during which they don't lose eye contact!

## **INSTRUCTIONS**

#### # of PEOPLE



- 1 Partner up.
- 2| Each pair stares into each other's eyes for 15 seconds.
- 3| Pairs now begin conversations (facilitator can choose topic), except they must wait 15 seconds before every response, during which they don't lose eye contact!

# **INSTRUCTIONS**

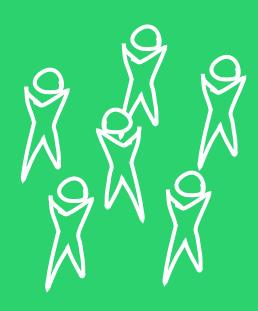
#### # of PEOPLE



- 1 Partner up.
- 2| Each pair stares into each other's eyes for 15 seconds
- 3| Pairs now begin conversations (facilitator can choose topic), except they must wait 15 seconds before every response, during which they don't lose eye contact!

# 27. THE WIND BLOWS

# 27. THE WIND BLOWS



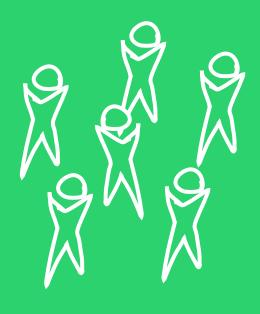


**GET PERSONAL + BOOST ENERGY** 

**GET PERSONAL + BOOST ENERGY** 

# 27. THE WIND BLOWS

# 27. THE WIND BLOWS





**GET PERSONAL + BOOST ENERGY** 

**GET PERSONAL + BOOST ENERGY** 

#### # of PEOPLE



1 Circle up with one person in the middle.

- 2| The person in the middle says "The wind blows for everyone who..." and then states something that is also true about him/herself (e.g. "for anyone wearing flip flops" or "for anyone who is an only child").
- 3 Anyone to whom that statement pertains must find a new spot in the circle.
- 4| Whoever is left out is in the middle and goes next!

### **INSTRUCTIONS**

#### # of PEOPLE



1 Circle up with one person in the middle.

- 2| The person in the middle says "The wind blows for everyone who..." and then states something that is also true about him/herself (e.g. "for anyone wearing flip flops" or "for anyone who is an only child").
- 3| Anyone to whom that statement pertains must find a new spot in the circle.
- 4| Whoever is left out is in the middle and goes next!

### **INSTRUCTIONS**

#### # of PEOPLE



- 1 Circle up with one person in the middle.
- 2| The person in the middle says "The wind blows for everyone who..." and then states something that is also true about him/herself (e.g. "for anyone wearing flip flops" or "for anyone who is an only child").
- 3 Anyone to whom that statement pertains must find a new spot in the circle.
- 4| Whoever is left out is in the middle and goes next!

# **INSTRUCTIONS**

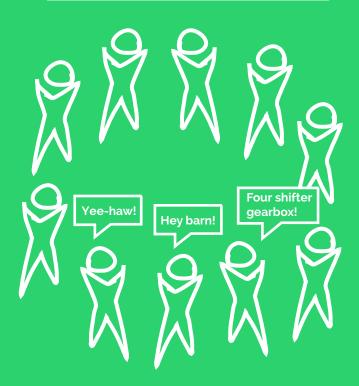
#### # of PEOPLE



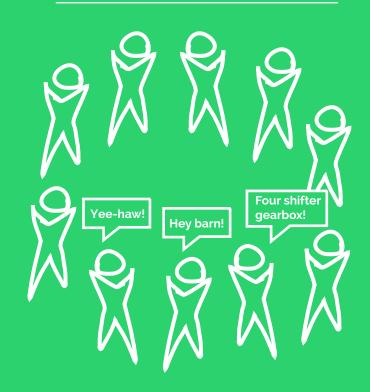
- 1 Circle up with one person in the middle.
- 2| The person in the middle says "The wind blows for everyone who..." and then states something that is also true about him/herself (e.g. "for anyone wearing flip flops" or "for anyone who is an only child").
- 3 Anyone to whom that statement pertains must find a new spot in the circle.
- 4| Whoever is left out is in the middle and goes next!

### **28. YEE-HAW!**

### **28. YEE-HAW!**



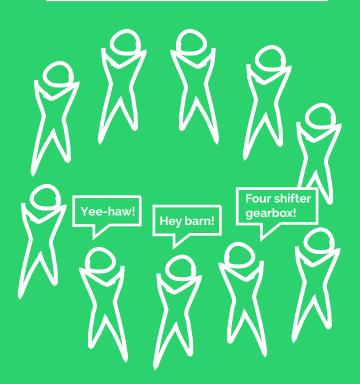
**CREATE FOCUS + BOOST ENERGY** 



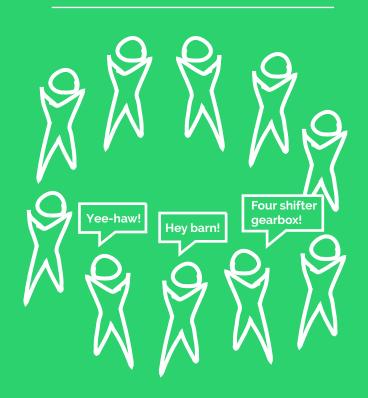
**CREATE FOCUS + BOOST ENERGY** 

### **28. YEE-HAW!**

## **28. YEE-HAW!**



**CREATE FOCUS + BOOST ENERGY** 



**CREATE FOCUS + BOOST ENERGY** 

# of PEOPLE

o 10-30 ¤

This is an elimination game built on the passing of motions and phrases around a circle. Introduce the motions/phrases one at a time, with a brief practice round after each.

- 1| Say "Yee-haw!" and swing your arm to point in the direction you're passing.
- 2| Say "Reee-verse!" and pump your fist to send it back in the other direction.
- 3| Say "Hay barn!" and clap your hands over your head to skip the next person in the circle.
- 4| Say "Get down, little doggy!" and point to anyone in the circle to dance with them in the center while everyone claps a beat, then switch spots with them in the circle. The sender then continues with a "Yee-haw!"
- 5| Say "Four shifter gearbox!" to make everyone put a foot forward and shout "1-2-3-4!" while shifting an imaginary transmission. The last person to SEND a "Get down, little doggy!" must continue with a "Yee-haw!"

If anyone messes up in any way, they're out! They sit down on the floor and the circle does not compress. The last two people can have a "veggie-off" - the group identifies a vegetable and the final two compete to impersonate that vegetable best!

# **INSTRUCTIONS**

# of PEOPLE

0 10-30

This is an elimination game built on the passing of motions and phrases around a circle. Introduce the motions/phrases one at a time, with a brief practice round after each.

- 1| Say "Yee-haw!" and swing your arm to point in the direction you're passing.
- 2| Say "Reee-verse!" and pump your fist to send it back in the other direction.
- 3| Say "Hay barn!" and clap your hands over your head to skip the next person in the circle.
- 4| Say "Get down, little doggy!" and point to anyone in the circle to dance with them in the center while everyone claps a beat, then switch spots with them in the circle. The sender then continues with a "Yee-haw!"
- 5| Say "Four shifter gearbox!" to make everyone put a foot forward and shout "1-2-3-4!" while shifting an imaginary transmission. The last person to SEND a "Get down, little doggy!" must continue with a "Yee-haw!"

If anyone messes up in any way, they're out! They sit down on the floor and the circle does not compress. The last two people can have a "veggie-off" - the group identifies a vegetable and the final two compete to impersonate that vegetable best!

### **INSTRUCTIONS**

# of PEOPLE



This is an elimination game built on the passing of motions and phrases around a circle. Introduce the motions/phrases one at a time, with a brief practice round after each.

- 1| Say "Yee-haw!" and swing your arm to point in the direction you're passing.
- 2| Say "Reee-verse!" and pump your fist to send it back in the other direction.
- 3| Say "Hay barn!" and clap your hands over your head to skip the next person in the circle.
- 4| Say "Get down, little doggy!" and point to anyone in the circle to dance with them in the center while everyone claps a beat, then switch spots with them in the circle. The sender then continues with a "Yee-haw!"
- 5| Say "Four shifter gearbox!" to make everyone put a foot forward and shout "1-2-3-4!" while shifting an imaginary transmission. The last person to SEND a "Get down, little doggy!" must continue with a "Yee-haw!"

If anyone messes up in any way, they're out! They sit down on the floor and the circle does not compress. The last two people can have a "veggie-off" - the group identifies a vegetable and the final two compete to impersonate that vegetable best!

# **INSTRUCTIONS**

# of PEOPLE



This is an elimination game built on the passing of motions and phrases around a circle. Introduce the motions/phrases one at a time, with a brief practice round after each.

- 1| Say "Yee-haw!" and swing your arm to point in the direction you're passing.
- $2\vert$  Say "Reee-verse!" and pump your fist to send it back in the other direction.
- 3| Say "Hay barn!" and clap your hands over your head to skip the next person in the circle.
- 4| Say "Get down, little doggy!" and point to anyone in the circle to dance with them in the center while everyone claps a beat, then switch spots with them in the circle. The sender then continues with a "Yee-haw!"
- 5| Say "Four shifter gearbox!" to make everyone put a foot forward and shout "1-2-3-4!" while shifting an imaginary transmission. The last person to SEND a "Get down, little doggy!" must continue with a "Yee-haw!"

If anyone messes up in any way, they're out! They sit down on the floor and the circle does not compress. The last two people can have a "veggie-off" - the group identifies a vegetable and the final two compete to impersonate that vegetable best!

NAME:	NAME:
SKETCH	SKETCH
BEST USE:	BEST USE:
	DL31 U3L.
NAME:	NAME:
SKETCH	SKETCH

BEST USE:

BEST USE:

# **INSTRUCTIONS**

# of PEOPLE

# of PEOPLE

# **INSTRUCTIONS**

# of PEOPLE

# **INSTRUCTIONS**

# of PEOPLE

0

NAME:	NAME:
SKETCH	SKETCH
BEST USE:	BEST USE:
	DL31 U3L.
NAME:	NAME:
SKETCH	SKETCH

BEST USE:

BEST USE:

# **INSTRUCTIONS**

# of PEOPLE

# of PEOPLE

# **INSTRUCTIONS**

# of PEOPLE

# **INSTRUCTIONS**

# of PEOPLE

0

NAME:	NAME:
SKETCH	SKETCH
BEST USE:	BEST USE:
	DL31 U3L.
NAME:	NAME:
SKETCH	SKETCH

BEST USE:

BEST USE:

# **INSTRUCTIONS**

# of PEOPLE

# of PEOPLE

# **INSTRUCTIONS**

# of PEOPLE

# **INSTRUCTIONS**

# of PEOPLE

0

NAME:	NAME:
SKETCH	SKETCH
BEST USE:	BEST USE:
	DL31 U3L.
NAME:	NAME:
SKETCH	SKETCH

BEST USE:

BEST USE:

# **INSTRUCTIONS**

# of PEOPLE

# of PEOPLE

# **INSTRUCTIONS**

# of PEOPLE

# **INSTRUCTIONS**

# of PEOPLE

0