Cinnamon Blair – “CyberBullying & Electronic Aggression on Campus”
Director of University Communication and Marketing at the University of New Mexico, Cinnamon Blair earned her BA in English and Political Science from Emory University and her MS in Health Education from UNM. Ms. Blair’s graduate research and thesis examined the mental health impacts of electronic aggression on youth.

Molly Brack – “The Community & Suicide Prevention”
While a Graduate student in 1991, Molly began volunteering at the Agora Crisis Center as a way to learn about crisis intervention and communication as well as a way to contribute to her community. In 2000, Molly took over as the Clinical Director of the Crisis Center and has since been responsible for supervising staff and volunteers who work on the help-lines; and for outreach and public education throughout New Mexico. Agora has been serving the greater Albuquerque community since 1970, and since 2006 has hosted the NM Statewide Crisis Line. Molly also serves on the Board of Directors for CONTACT USA which accredits crisis centers around the nation and serves as Accreditation Coordinator for that organization. Molly lives with her family in Bosque Farms.
URL: [http://www.unm.edu/~agora/](http://www.unm.edu/~agora/)

Daniel Duhigg – “Substance Abuse & Mental Health”
Daniel Duhigg completed a Bachelors in Science from the University of New Mexico, a Masters in Business Administration in Health Care Leadership from Rockhurst University, Helzberg School of Management, and a Doctorate of Osteopathic Medicine from the Kansas City University of Medicine and Biosciences. He then completed a residency in psychiatry at the Ohio State University followed by a fellowship in addiction psychiatry at the University of New Mexico, where he is currently an assistant professor. His recent academic interests include health literacy generally, as well as public policy regarding substance use disorders. Dr. Duhigg is a proponent of the idea that substance use disorders are chronic medical illnesses, and should be treated with the same care, compassion, and respect that other medical illnesses receive. He is an advocate for prioritizing treatment rather than criminal punishment of substance use, and believes that this is a central issue in the struggle for civil rights in the United States of America.
URL: [http://hsc.unm.edu/som/psychiatry/faculty/duhigg.shtml](http://hsc.unm.edu/som/psychiatry/faculty/duhigg.shtml)

Michelle DuVal – “Managing Mental Health through Mindfulness”
Michelle DuVal, MA, is the lead Instructor of the Mindfulness programs at the UNM Center for Life and has brought mindfulness meditation training into both clinical and hospital settings, cardiac rehab programs, various counseling and psychotherapy facilities, and workplace environments as well as government agencies throughout the state of New Mexico. Michelle has been a meditation practitioner for years and has taught thousands of people the skills of mindfulness meditation to help cope with the stress associated with jobs, family, finances, health and healing processes, and more. Her programs have also been clinically proven to aid with sleep issues, weight issues, pain management, and anxiety, worry, and depression. All her programs are non-religious and focus on the empowering skill of meditation for health, healing, and stress reduction.
URL: [http://unmmg.org/cfl/](http://unmmg.org/cfl/)
Stephanie Hall – “Mental Illness & the Community: Engaging Questions on Civic Literacy, Public Health & Social Justice”

Dr. Stephanie Lynn Hall is the Chief Medical Officer of the Los Angeles County + University of Southern California Healthcare Network. She is also Assistant Professor of Emergency Medicine and Associate Dean of Clinical Affairs at USC’s Keck School of Medicine, where she teaches a medical student senior seminar in Humanities, Arts, Ethics and Law. A fellow of both the American College of Emergency Physicians and the American Academy of Emergency Medicine, Dr. Hall sits on the Health Research Association’s Board of Directors and the Steering Committee for the American Association of Medical Colleges’ Chief Medical Officers Group, as well as a number of county, hospital and university committees. She has authored or coauthored medical science articles that have appeared in peer-reviewed publications such as *Annals of Emergency Medicine*, *Clinical Chemistry*, *Joint Commission Journal on Quality and Patient Safety*, and *Topics in Emergency Medicine*. Among her most recent honors, in 2007 Dr. Hall was recognized as Woman of the Year in Medicine by the Medical Center Auxiliary for Recruitment, Education and Service; she received the California Hospital Association’s Ritz E. Heerman Award for Patient Care Improvement in 2009; and in 2010 she received the Alumnus of the Year Award from the Keck School of Medicine’s Department of Emergency Medicine.

Brian Hendrickson – Opening Remarks

Brian Hendrickson is a PhD student in Rhetoric and Writing at the University of New Mexico. He is the co-founder and co-director of the ABQ Community Writing Center, and the Assistant Writing Across Communities Events Coordinator.

Nancy Koenigsberg – “The Public Behavioral Health System & Mental Health in New Mexico”

Nancy Koenigsberg is the legal director of Disability Rights New Mexico (DRNM), the state’s designated protection and advocacy system. She began as a DRNM staff attorney in 1988 upon graduation from the UNM School of Law. She has provided individual representation in areas such as special education, mental health, health care, fair housing, guardianship and public benefits. She has been co-counsel in several complex litigation cases addressing institutional conditions and civil rights violations. For five years, she served as the director of the New Mexico Center on Law and Poverty, providing policy advocacy for families living in poverty, particularly addressing the impact of a disability on a family’s financial status. Koenigsberg has experience in legislative reform in the areas of mental health and welfare reform. She has a master’s degree in social work from Washington University in St. Louis. She was a clinical social worker in both pediatric medicine and children's mental health before attending law school.

URL: [http://www.drnm.org/](http://www.drnm.org/)

Frank Martin – “Sharing our Stories”

Frank Martin is a freelance journalist and a UNM student pursuing a BA in Psychology. He is a Veteran and would like to increase public awareness about disability as related to community, education and employment.
Jamal Martín – “Structural Racism & Public Health”
Jamal Martín is a public health scientist-practitioner, educator and philosopher. As clinical and visiting faculty in Family & Community Medicine and Africana Studies at the University of New Mexico, he teaches undergraduate medical education and Africana historiography. Recently, the Pan American Health Organization/World Health Organization (PAHO/WHO) invited him to work on primary health care renewal in the English Speaking Caribbean. His clinical work includes health promotion, disease prevention and control, as well as chronic and infectious disease epidemiology. Dr. Martín’s scientific readings involve structural violence, forensic and psychosocial epidemiology, multi-cultural and global health and public health law research.

Dr. Martín is a member of the Transdisciplinary Working Group, Institute for the study of ‘Race’ and Social Justice, affiliated with the Robert Wood Johnson Foundation for Health Policy, University of New Mexico. He also advocates for policies that frame civil and human rights as public health issues. Over the last two years, he has worked with the Universal Review Process (URP) on U.S. compliance with the International Convention on the Elimination of All Forms of Racial Discrimination committee (CERD). Locally, he is a former board member and co-chair with: Albuquerque Healthcare for Homeless, Cultural Competence Task Force/New Mexico Higher Education Department, the New Mexico Public Health Association, New Mexico Health Equity working Group and Race Matters-Behavioral Health Task Forces/New Mexico Voices for Children.

A former guest reviewer for Columbia Teacher's College Record and technical writer in biological psychiatry and neuropsychopharmacological research, Dr. Martín is sole author of “Cognition and Problem Solving in Community Health Education: Rethinking Violence Prevention Agenda Setting” and author/editor of “African American Health in New Mexico: Social and Economic Factors.” Other contributions and co-authorships are acknowledged in Proceedings of the National Academy of Science, the Journal of Experimental Medicine, Controlled Clinical Trials, American Journal of Emergency Medicine, Pediatric Abstracts, and Communicable Disease Reports.

Jane Selverstone – “Sharing our Stories”
Jane Selverstone is research faculty and a former Professor in the Department of Earth and Planetary Sciences at the University of New Mexico. She received her AB, MS, and PhD degrees in geology from Princeton, the University of Colorado, and MIT. She is the parent of two young adults with bipolar disorder, one of whom also has an autism spectrum disorder.

Julie Sonnenberg - “Managing Mental Health through Mindfulness”
Julie Sonnenberg, MA, LPC (Licensed Professional Counselor) is the UNM Center for Life's Practice Manager. Julie received her Bachelor of Arts degree in Psychology from the University of Missouri - Kansas City in 1985, and a Master of Arts degree in Counseling from Webster University in 1995. Early in her career, she served as the Practice Manager at two holistic practices in Kansas City which offered physician consultation, acupuncture, cranial sacral therapy, chiropractic, massage, and movement therapy. Her UNM employment includes being the Director of Care Management at UNM Children's Psychiatric Hospital and Quality Consultant and Clinical Quality Manager at UNM Hospital. Her career has been devoted to
ensuring patient access to quality care through planning and coordination with providers, staff, insurance companies, and providing patients with a "WOW" experience in their health care. URL: http://unmmg.org/cfl/

**Jana Spalding – “Sharing our Stories”**

A native of Panama, Dr. Jana Spalding is a graduate of the Stanford University School of Medicine and pursued her pediatrics residency at UCLA and at Children’s Hospital of Orange County. Following her diagnosis with a serious and persistent mental illness she lived with her family in Florida for many years. She credits her family for their love and support through a very dark period in her life during which she fully believed she would never be able to overcome her illness, work or function in the world. She considers herself fortunate to have benefited from the skill of great psychiatrists, great therapists, and effective prescription medications to help her in her journey. The benefits outweigh the risks, costs, side-effects, even the weight gain! Thanks to the encouragement she received in support groups and at the Peer Center, Inc. Drop-In Center, Jana learned of recovery, and slowly reintegrated into society and the world of work. After 8 years of working as a peer support specialist and a peer support specialist trainer based in Florida, Jana relocated to New Mexico in 2009 to work as VP for Consumer and Family Affairs at OptumHealth New Mexico. For Jana, the single major sign of her recovery is the gift of being able to be amongst people without shame and without fear. The Christian faith that Jana first learned as a child has been the foundation of hope and recovery that has sustained Jana through the years. After living in New Mexico for two years, Jana recognizes she’ll be a newcomer here for the foreseeable future, and gladly accepts the role of learner of all things New Mexico. Jana lives in Rio Rancho with her teenage son, Ryan.

**Robert Valdez – Closing Remarks**

Robert Otto Valdez, Ph.D., conducts policy analyses and research at the University of New Mexico where he serves as the executive director of the Robert Wood Johnson Foundation Center for Health Policy and as Robert Wood Johnson Foundation Professor of Family and Community Medicine and Economics. He remains affiliated with RAND where he is a senior health scientist and is a senior fellow at Emory University’s Institute for Advanced Policy Solutions.

Dr. Valdez is the author of numerous studies on children’s health and health care finance. He serves as a board member or advisor to numerous community agencies, including Children NOW, the Public Health Trust, St. Francis Medical Center Foundation, the Children’s Partnership, and the Southeastern Pennsylvania Chapter of the Red Cross. He was the founding chair of the Latino Coalition for a Healthy California, the nation’s leading Latino health policy advocacy organization in the country. He currently serves as chairman of the Public Health Institute, the nation’s largest nonprofit public health research and programming organization. URL: http://healthpolicy.unm.edu/scholars-detail/senior-fellows/robert-valdez-phd-mhsa