# PEP 495: Internship Exercise Science Program

# **CHECKLIST**

# <u>Activity</u>

# **Date Completed**

- 1. Completion of agency acceptance form
- Submission of bi-weekly activity reports to University Supervisor EACH SEMESTER THESE DATES WILL BE POSTED IN SYLLABUS AND ON THE WEB PAGE SYLLABUS
- 3. Worksite Supervisor's Midpoint Evaluation (post week 8)
- 4. Exercise Science Internship Portfolio's Due Date \_\_\_\_\_\_ This is at the end of semester: Dr. Kravitz will announce due date
- 5. Worksite Supervisor's Final Evaluation (post week 15)

### PEP 495: Internship Exercise Science Program

# AGENCY ACCEPTANCE OF INTERNSHIP STUDENT FORM

This agency hereby accepts the following student as an internship student trainee for the time and under the specifications listed below:\*

Name of student:\_\_\_\_\_

Starting Date:\_\_\_\_\_ Terminating Date:\_\_\_\_\_

General Description of Assignment:

Date

Student

Date

Worksite Supervisor

# PEP 495 Exercise Science Program Internship Mid-Term (Post 8th week) Evaluation

| To:<br>From:<br>Subject:   | From: University Internship Supervisor                      |                              |             |               |         |                  |                |    |  |  |
|--|---|------------------------------|-------------|---------------|---------|------------------|----------------|----|--|--|
|  | AgencyDate  |                              |             |               |         |                  |                |    |  |  |
|  | Student's name  |                              |             |               |         |                  |                |    |  |  |
|  | Agency Supervisor's Name                                    |                              |             |               |         |                  |                |    |  |  |
| PROFES   | SSIONAL PERFORMANCE   | No opportunity<br>to observe | Outstanding | Above average | Average | Needs to improve | Unsatisfactory |    |  |  |
|  | ning of field work through goals,<br>ctives and activities  |                              |             |               |         |                  |                | 1  |  |  |
|  | ementing and organizing to mmodate goals and objectives     |                              |             |               |         |                  |                | 2  |  |  |
|  | vledge (depth, currency, breadth)<br>lls as exercise leader |                              |             |               |         |                  |                | 3  |  |  |
|  | ement and decisions (consistent, rate, effective)           |                              |             |               |         |                  |                | 4  |  |  |
|  | and organize work (timeliness,<br>ive)                      |                              |             |               |         |                  |                | 5  |  |  |
|  | agement of resources (material<br>urcefulness)              |                              |             |               |         |                  |                | 6  |  |  |
|  | ership (initiative, human rela-<br>, accept responsibility) |                              |             |               |         |                  |                | 7  |  |  |
| -  | otability (dependable, punctual,<br>ble)                    |                              |             |               |         |                  |                | 8  |  |  |
|  | communication (clear, concise,<br>ident preparation)        |                              |             |               |         |                  |                | 9  |  |  |
|  | en communication (clear, concise, nized)                    |                              |             |               |         |                  |                | 10 |  |  |
| PERSONAL QUALITIES<br>11. Professional attitude (cooperation,<br>demeanor) |   |                              |             |               |         |                  |                | 11 |  |  |
| 12. Intel  | lectual curiosity   |                              |             |               |         |                  |                | 12 |  |  |
| 13. Poise  | e and self-confidence                                       |                              |             |               |         |                  |                | 13 |  |  |
| 14. Profe  | essional appearance   |                              |             |               |         |                  |                | 14 |  |  |

# page 2 of internship evaluation

#### **Comments:**

(Do you feel the student has successfully completed his/her field work to date?)

Grade Recommendation: A+ A A- B+ B B- C+ C C- D+ D D- F

Signature

Date

# PLEASE Scan evaluation and email to: Dr. Len Kravitz at lkravitz@unm.edu

Thank You Very Much!

# PEP 495 Exercise Science Program Internship Final (Post 15th week) Evaluation

| To:<br>From:<br>Subject:   |   | Agency or Institution Supervisor for Exercise Science Students Involved in an Inter<br>University Internship Supervisor<br>EVALUATION OF STUDENT'S INTERNSHIP AND GRADE RECOMMENDATION |                              |             |               |         |                  |                |    |  |
|--|---|--|------------------------------|-------------|---------------|---------|------------------|----------------|----|--|
|  |   | AgencyDate   |                              |             |               |         |                  |                | -  |  |
|  |   | Student's name   |                              |             |               |         |                  |                |    |  |
|  |   | Agency Supervisor's Name   |                              |             |               |         |                  |                |    |  |
| PR   | OFES  | SSIONAL PERFORMANCE  | No opportunity<br>to observe | Outstanding | Above average | Average | Needs to improve | Unsatisfactory |    |  |
| 1.   | Planning of field work through goals, objectives and activities |  |                              |             |               |         |                  |                | 1  |  |
| 2.   |   | ementing and organizing to mmodate goals and objectives  |                              |             |               |         |                  |                | 2  |  |
| 3.   |   | vledge (depth, currency, breadth)<br>lls as exercise leader  |                              |             |               |         |                  |                | 3  |  |
| 4.   |   | ement and decisions (consistent,<br>rate, effective)   |                              |             |               |         |                  |                | 4  |  |
| 5.   |   | and organize work (timeliness,<br>ive)   |                              |             |               |         |                  |                | 5  |  |
| 6.   |   | agement of resources (material<br>urcefulness)   |                              |             |               |         |                  |                | 6  |  |
| 7.   |   | ership (initiative, human rela-<br>, accept responsibility)  |                              |             |               |         |                  |                | 7  |  |
| 8.   | -   | tability (dependable, punctual,<br>le)   |                              |             |               |         |                  |                | 8  |  |
| 9.   |   | communication (clear, concise,<br>dent preparation)  |                              |             |               |         |                  |                | 9  |  |
| 10.  |   | en communication (clear, concise,<br>nized)  |                              |             |               |         |                  |                | 10 |  |
| PERSONAL QUALITIES<br>11. Professional attitude (cooperation,<br>demeanor) |   |  |                              |             |               |         |                  | 11             |    |  |
| 12.  | Intell  | ectual curiosity   |                              |             |               |         |                  |                | 12 |  |
| 13.  | Poise   | and self-confidence  |                              |             |               |         |                  |                | 13 |  |
| 14.  | Profe   | ssional appearance   |                              |             |               |         |                  |                | 14 |  |

## **Comments:**

(Do you feel the student has successfully completed his/her field work to date?)

Grade Recommendation: A+ A A- B+ B B- C+ C C- D+ D D- F

Signature

Date

# PLEASE Scan evaluation and email to: Dr. Len Kravitz at lkravitz@unm.edu

Thank You Very Much!

# PEP 495: Internship Exercise Science Program

# **RESPONSIBILITIES OF STUDENT, AGENCY AND SUPERVISOR**

- I. Student Responsibilities
  - A. To the agency/business/site:
    - 1. To conform to the rules/regulations of the agency/business/site
    - 2. To complete the AGENCY ACCEPTANCE OF INTERNSHIP STUDENT FORM
    - 3. To complete all safe and security checks of the agency/business/site
    - 4. To provide 12 hours of service per week for 15 weeks in the area of clinical health or fitness/health promotion.
  - B. To the university supervisor:
    - 1. To submit: AGENCY ACCEPTANCE OF INTERNSHIP STUDENT FORM
    - 2. To submit bi-weekly activity reports (at end of even numbered weeks).
- II. Agency/Business/Site Responsibilities
  - A. To the student:
    - 1. To confer with student to determine his/her responsibilities and to present an overview of the agency/business/site's purposes, policies, program, rules and regulations
    - 2. To schedule periodic conferences with student to assess his/her progress (schedule as needed)
    - 3. To develop working agreement with the student which clearly outlines his/her role and responsibilities at the worksite during 1st week of experience
    - 4. Optional: To review and evaluate bi-weekly reports and discuss them with the student when necessary
    - 5. To complete the midterm (post 8th week) and final (post 15th week) evaluations of the student's performance
    - 6. To provide liability insurance for the student to acquire if necessary
  - B. To the University
    - 1. To receive approval from the Exercise Science Program Coordinator as a PEP 495 field experience worksite
    - 2. To cooperate with the exchange of information concerning the student's performance
    - 3. To discuss with University supervisor the student's progress as needed
    - 4. To submit formal evaluations (post 8th, and l5th weeks) of the student's performance
    - 5. To discuss curriculum offerings as are related to the student's weaknesses and suggest changes
    - 6. To notify the university supervisor in the event of a serious problem with the student

- III. University Supervisor Responsibilities
  - A. To the student:
    - 1. To assist the student in selecting the field experience worksite
    - 2. To give final approval for all field experience worksites.
    - 3. To review the agency acceptance form
    - 4. To review and evaluate bi-weekly activity reports and discuss them with the students.
    - 5 To assign final grade as outlined in the course description.
  - B. To the agency/business/site:
    - 1. To approve the agency/business/site as a field experience worksite
    - 2. To provide student evaluation form for evaluations
    - 3. To maintain open communication with the agency/business concerning its supervision of students

# **End of Document**