



Major: Exercise Science

Degree: Bachelor of Science (B.S.)

Program Code: BS-ES-ED

Department: Health, Exercise, and Sport Sciences (HESS)

Program: Exercise Science

Description

The mission of the undergraduate Exercise Science Program is to provide the best possible education and training of undergraduate students in the knowledge and practical skills required to function as exercise scientists/physiologists. Specifically, we intend to educate our students in the advanced knowledge base of exercise science/physiology and all of its applications (exercise prescription, body composition, exercise testing, fitness development and assessment, environmental physiology, and clinical applications), teach and allow practice of skills in all aspects (applied and clinical) of exercise and applied human physiology laboratory testing, and nurture the development of professional skills and an ethical philosophy of professional practice. Such preparation will enable our students to compete on a world platform for employment in corporate wellness, personal training, disease prevention (e.g. cardiac rehabilitation) or entrepreneurial applications of their knowledge and skills. In addition, the program also functions to allow our students to further their education into graduate study in the exercise, applied or basic physiological sciences, as well as progression into further education in the more clinical professions of physical therapy, occupational therapy, nursing, physician assistant, or medicine.

Program Goals

The goals of the exercise science program are to:

1. Educate our students in the advanced knowledge base of exercise science/physiology and all of its applications (exercise prescription, body composition, exercise testing, fitness development and assessment, environmental physiology, and clinical applications).
2. Teach and allow practice of skills in all aspects (applied and clinical) of exercise and applied human physiology laboratory testing.
3. Nurture the development of professional skills and an ethical philosophy of professional practice.

Pre-Admitted Advisor:

College of Education and Human Sciences
Undergraduate Advisement
Travelstead Hall
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Admitted Advisor:

Dr. Len Kravitz
Exercise Science Coordinator
Johnson Center, Room 1160
505-277-4136 (phone)
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Application Deadline:

Applications accepted year-round
Applications are available via TK20

Basic Application Requirements:

26cr or more at UNM with GPA – 3.2 or higher
(Transfer students need 15cr or more with GPA – 3.2 or higher)
Completion of Biol 2210/2210L
Current Certification in First Aid, CPR and AED